

# PET 2018



WEO Program for Endoscopic Teachers.  
Singapore, January 12-13, 2018

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## Trainee Assessment & Competency

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**Acknowledgement and Thanks to the following  
leaders in Endoscopy Assessment:**

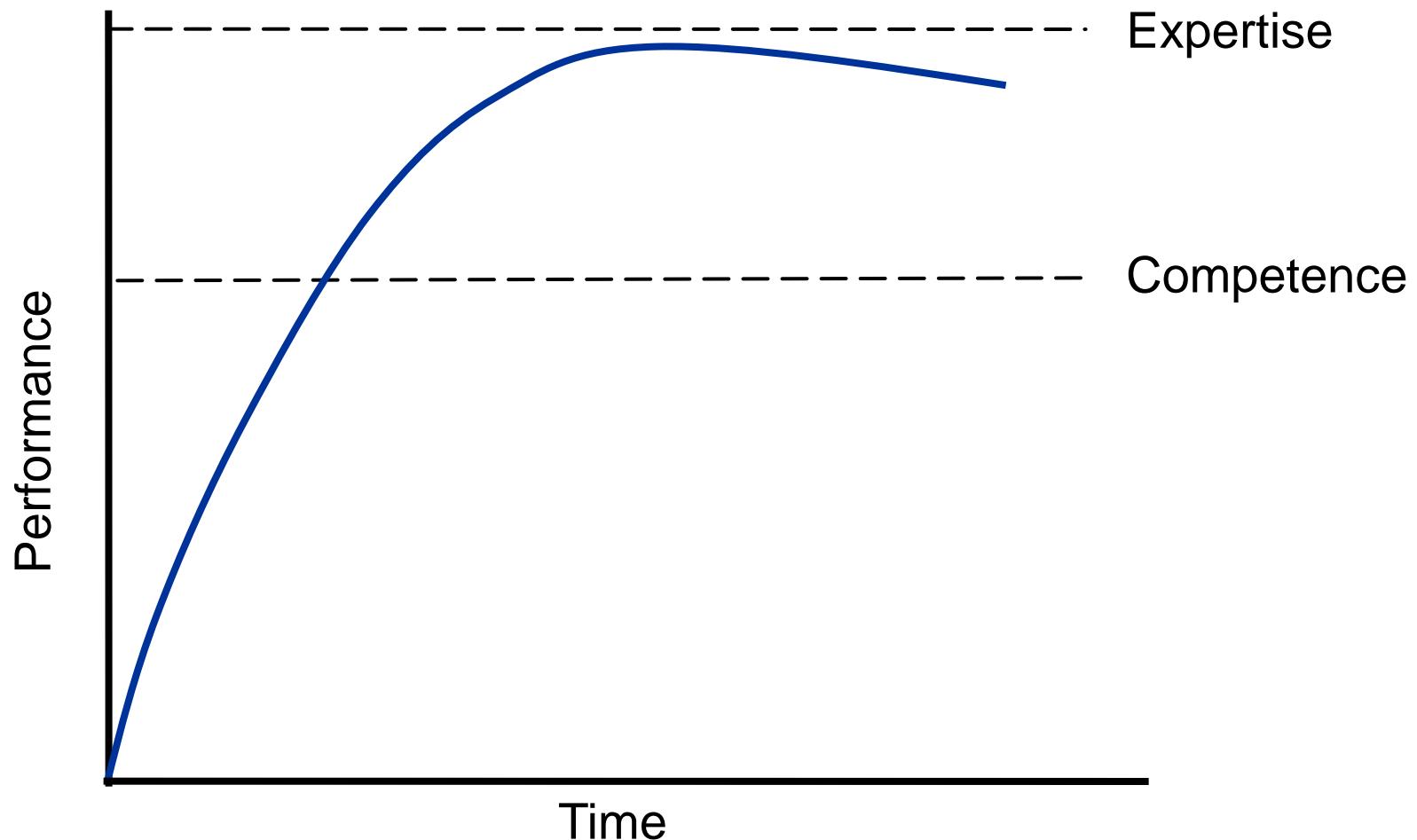
- Robert Sedlack      Mayo Clinic
- Walt Coyle            San Diego
- Kathryn Walsh        Toronto
- Adam Haycock        UK NHS
- John Anderson        UK NHS
- Roland Valore        UK NHS

# Competence

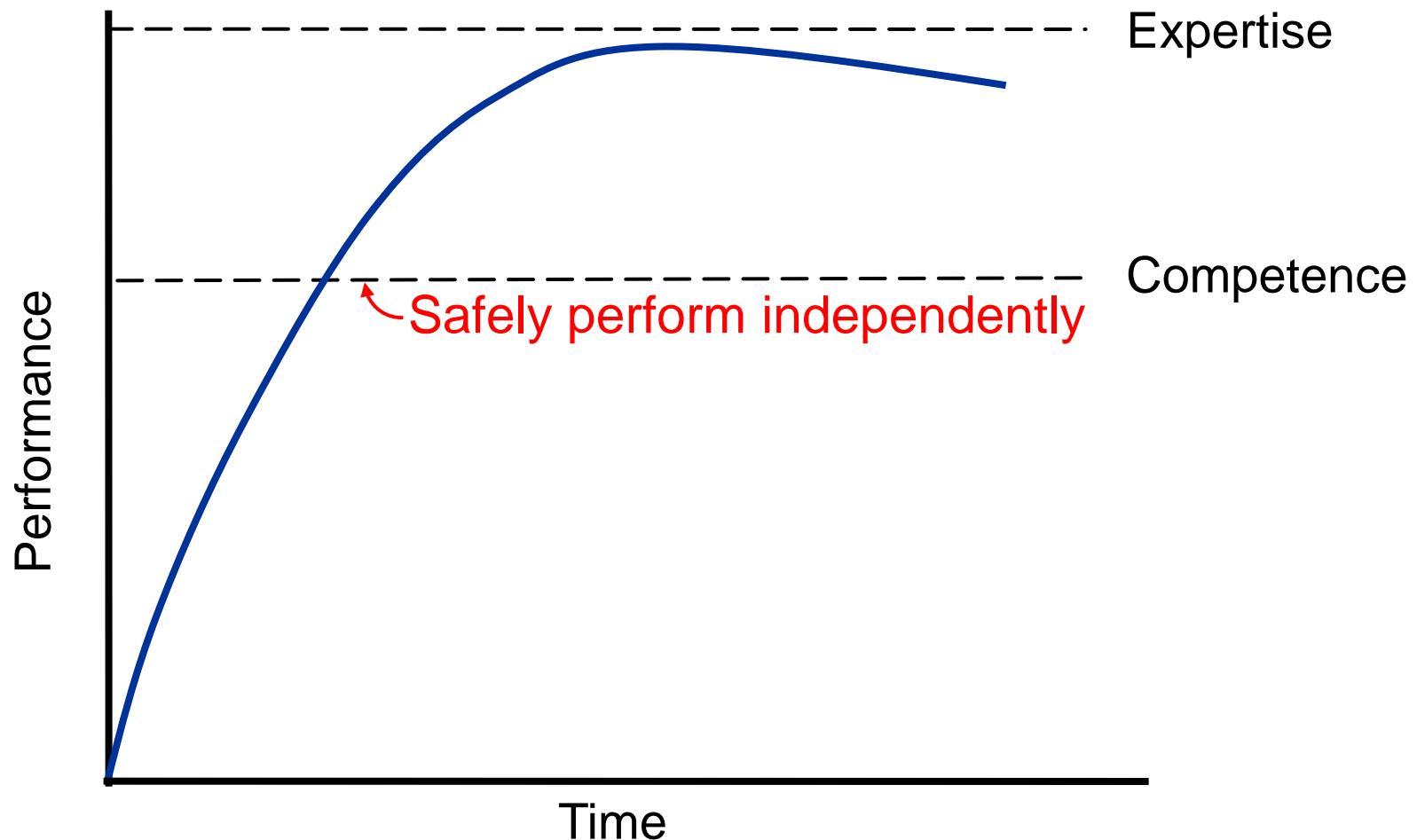
“The **minimum** level of skill, knowledge and/or expertise, derived through training and experience, required to safely and proficiently perform a task or procedure”

ASGE Guidelines for Credentialing and Granting Privileges  
for Gastrointestinal Endoscopy. *GIE.* 1998;48:679-82.

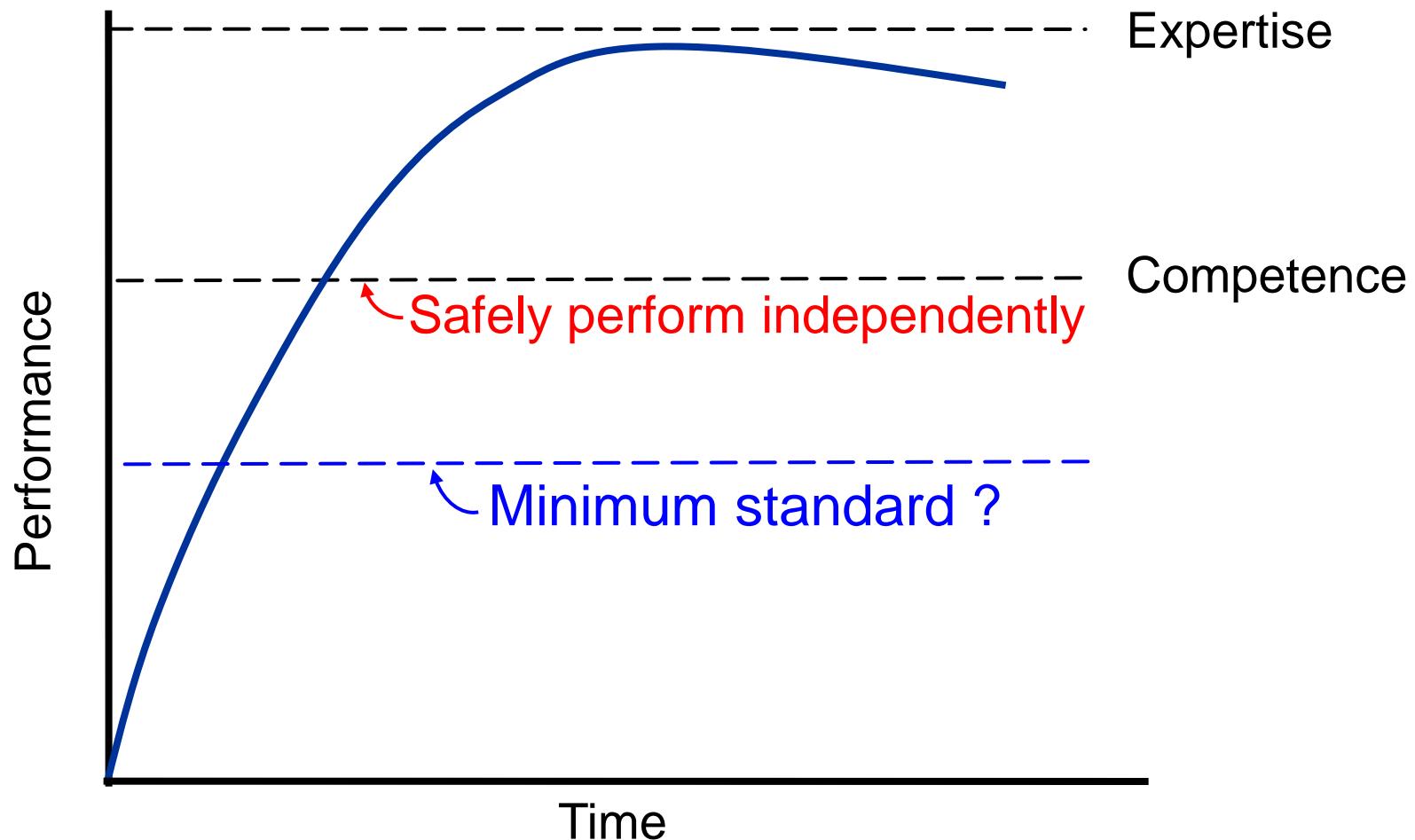
# Skills acquisition



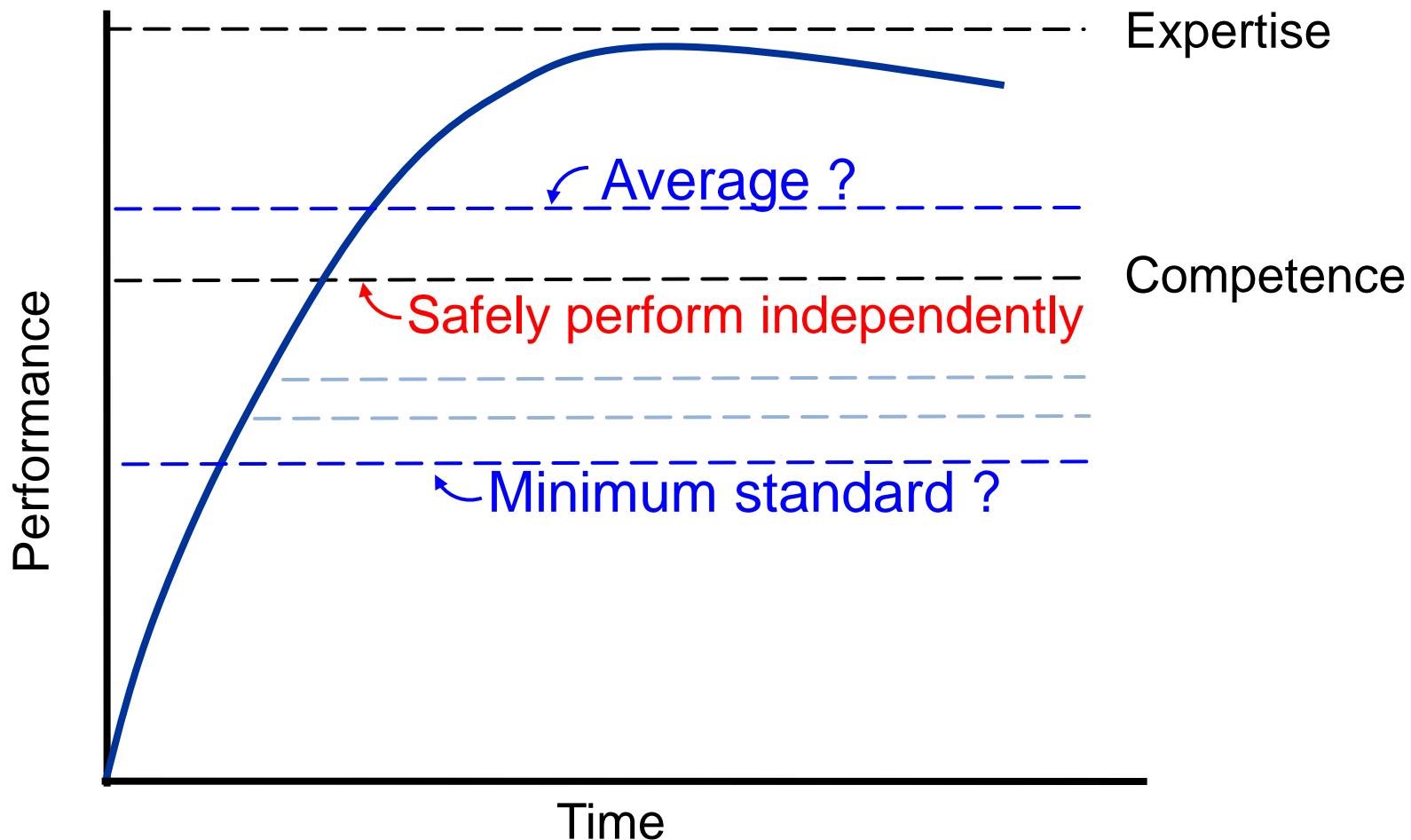
# Skills acquisition



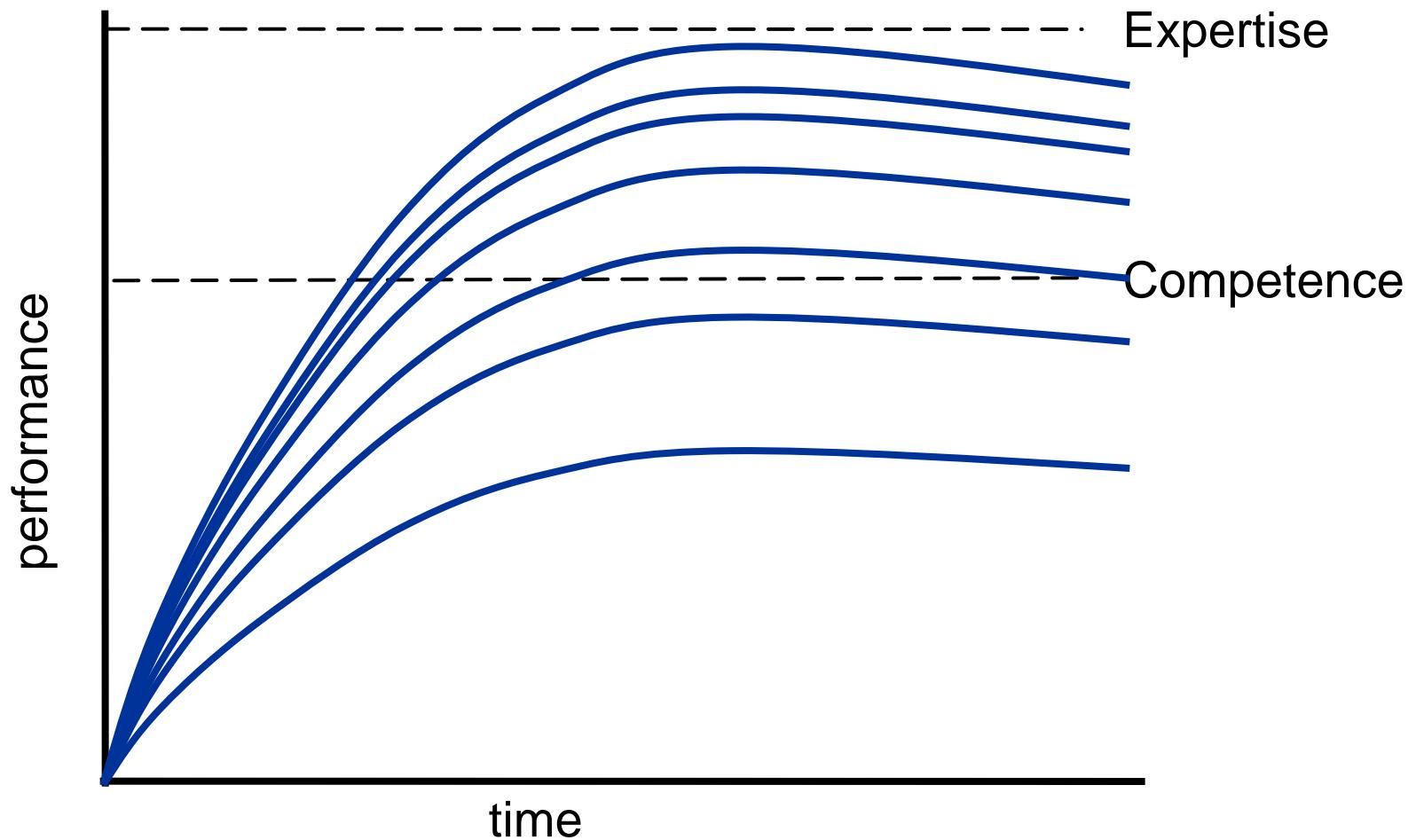
# Skills acquisition



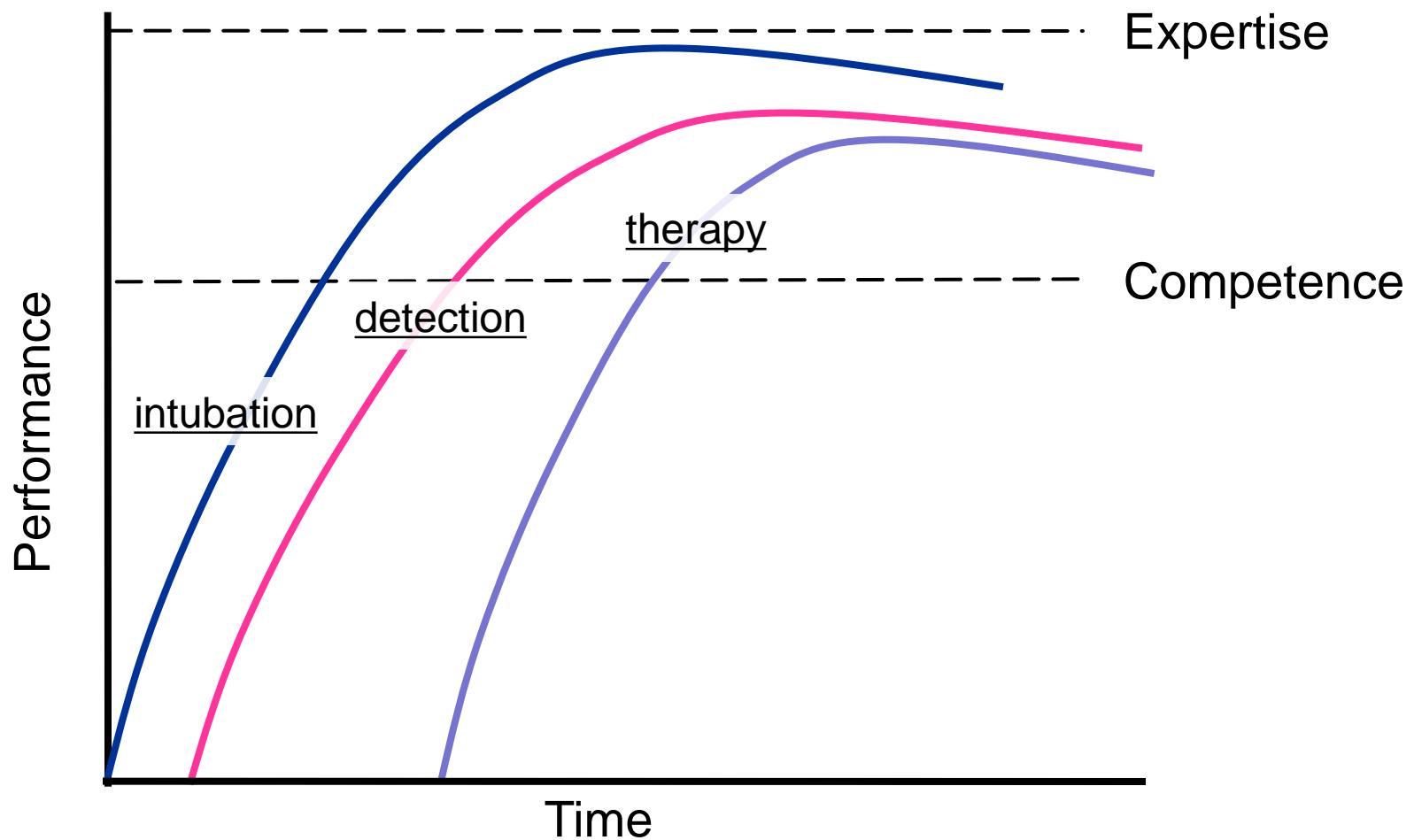
# Skills acquisition



# Skills acquisition



# Skills acquisition



## Problems with Competence Assessment Prior to 2010

- **Subjective** - No standardized assessment
- **Standards favored number driven endpoints**  
(Cecal intubation rate, Polyp detection rate)
- **Skill & improvement not continually monitored**
- Thus, competence assessment varied from teacher-to-teacher and place-to-place

# Skills measurement

	<b>Direct Measure</b>	<b>Surrogate Measure</b>
<b>Intubation</b>		
<b>Detection</b>		
<b>Therapy</b>		

# Skills measurement

	<b>Direct Measure</b>	<b>Surrogate Measure</b>
<b>Intubation</b>	Pain	<b>Sedation levels</b> <b>CIR</b>
<b>Detection</b>	PCCRC	<b>PDR</b> <b>ADR</b>
<b>Therapy</b>	<b>Perforation</b> PCCRC	<b>Polyp retrieval rate</b> <b>Completeness of excision</b>

# Skills measurement

	<b>Direct Measure</b>	<b>Surrogate Measure</b>
<b>Intubation</b>	Pain	Sedation levels CIR
<b>Detection</b>	PCCRC	PDR ADR
<b>Therapy</b>	Perforation PCCRC	Polyp retrieval rate Completeness of excision

# Granularity and Specificity in Assessment & Feedback

- Estimate of Systematic variability among assessors: (leniency/stringency) = 11.04 % of variation
- Task deconstruction enhances conscious competence of trainer & fellow
- Reduces bias, Enhances corrections

\*Gupta, Anderson et al. Gastrointest Endosc 2011;73:132-39

# 2010-Present: Developments in Competence Assessment

- Broadening the definition of competence to include Cognitive, Motor skills, Attitudinal skills
- Development of standardized assessments for colonoscopy skills (e.g. MCSAT & ACE, DOPS)
- Realistic guidelines for procedural numbers
- Uniform standards for all specialties

# Modern Multi-parameter Assessment tools

**MCSAT** - Colon

**ACE** – EGD, Colon

**GAGES** – EGD, Colon

**GiECAT** – Colon

**GiECATKIDS** – peds Colon

**DOPS** - OGD, colon/flexi, ERCP, EUS, PEG,  
GI bleeds, dilatation/stenting,  
pediatrics, polypectomy

# Mayo Colonoscopy Skills Assessment Tool (MCSAT)

(Sedlack, Mayo)

- 3 year prospective study
- Performance data on all fellows

## 14 Survey Items:

### 6 - Core Motor Skills

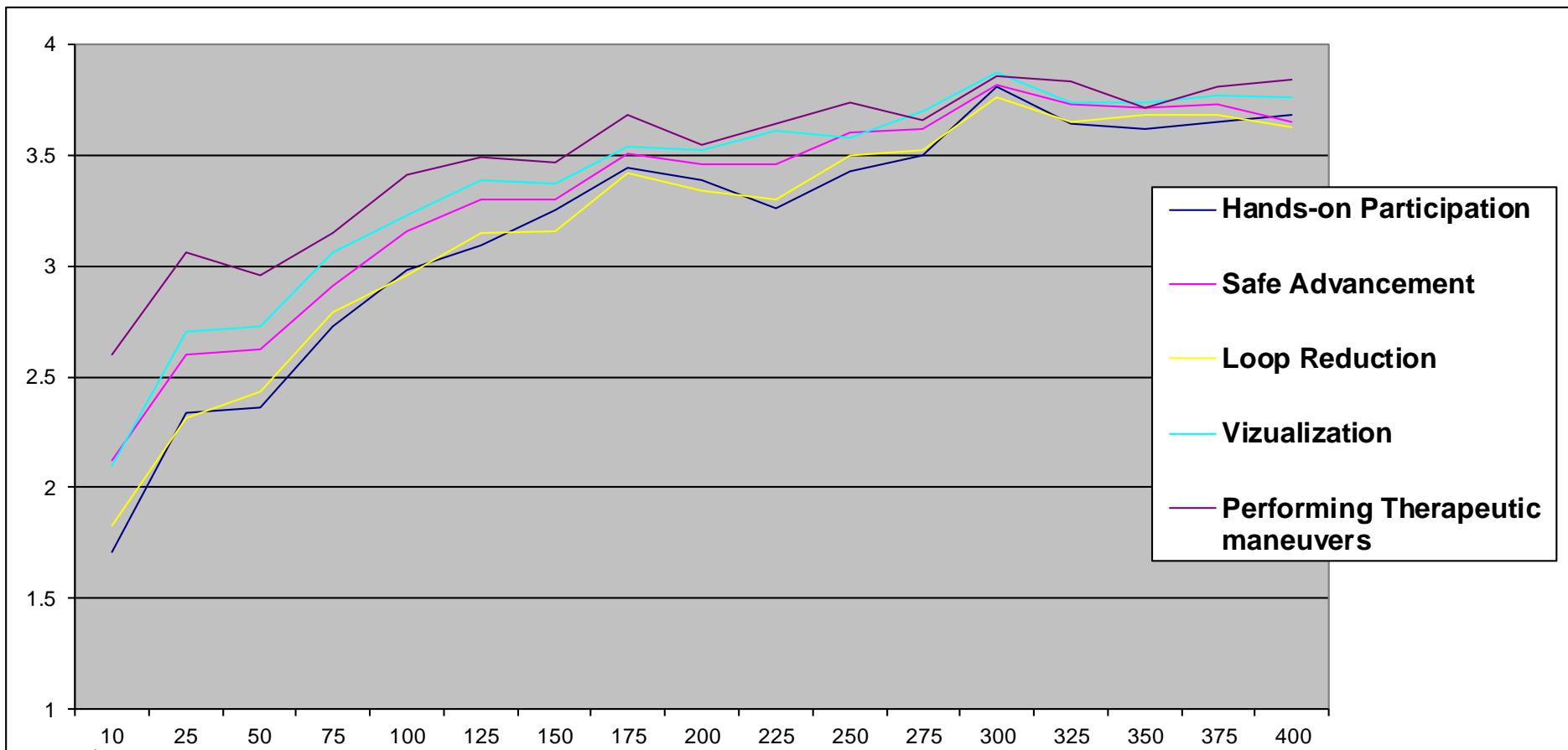
- Scope advancement
- Cecal Intubation
- Therapy Application
- Mucosal Visualization
- Loop Reduction
- Depth of Intubation

### 6 - Core Cognitive skills

- Indication
- Pain Management
- Sedation
- Landmark Recognition
- Pathology Identification
- Tool Selection

### 2 - Overall Motor and Cognitive competence

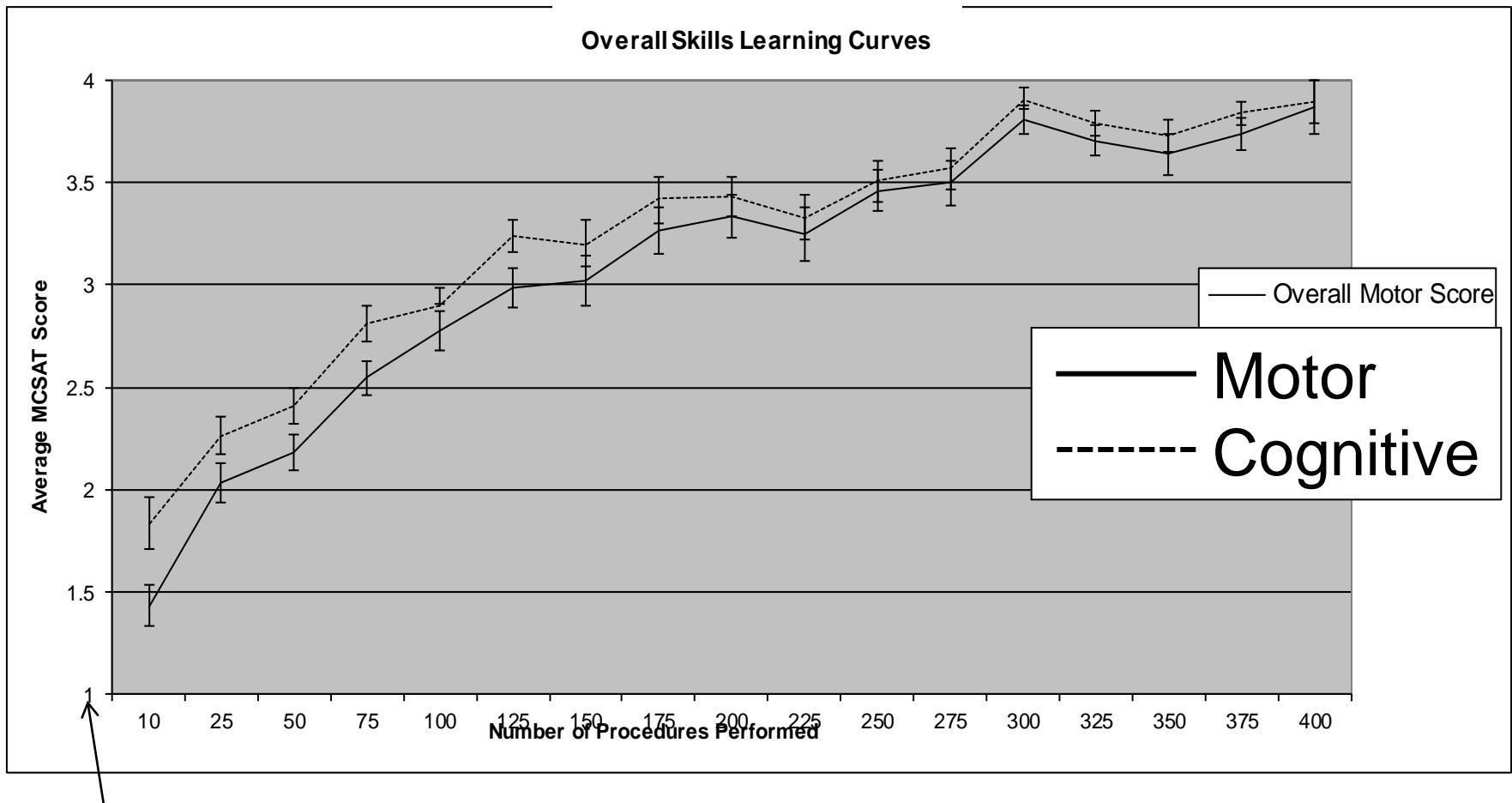
# Learning Curves for 5 Core Motor Skills on MCSAT



1- Novice, 2-Intermediate, 3-Advanced, 4-Competent

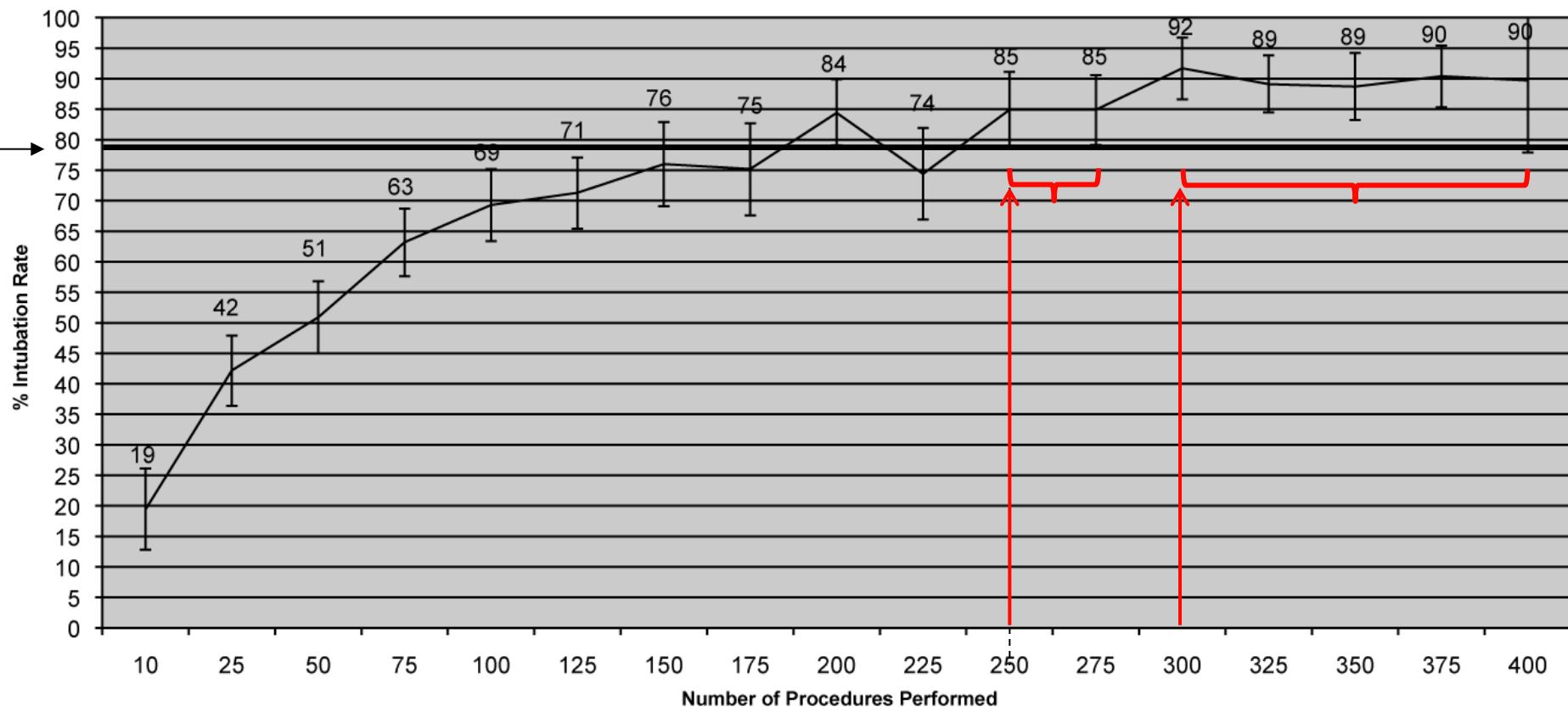
- 41 fellows, 6635 Colonoscopies

# Overall Motor and Cognitive Skill Curves on MCSAT

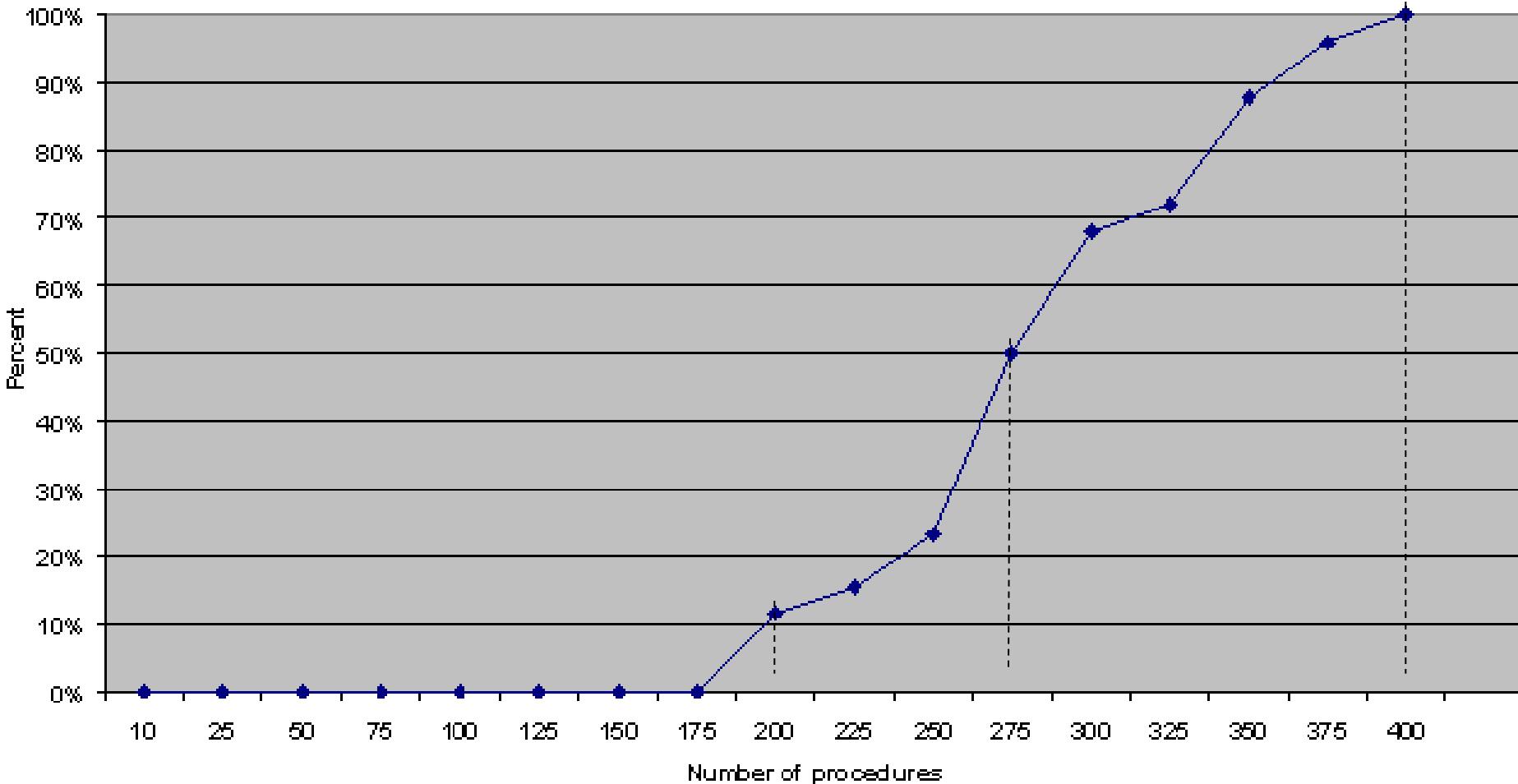


1- Novice, 2-Intermediate, 3-Advanced, 4-Competent

# Learning Curve – Cecal Intubation Rates

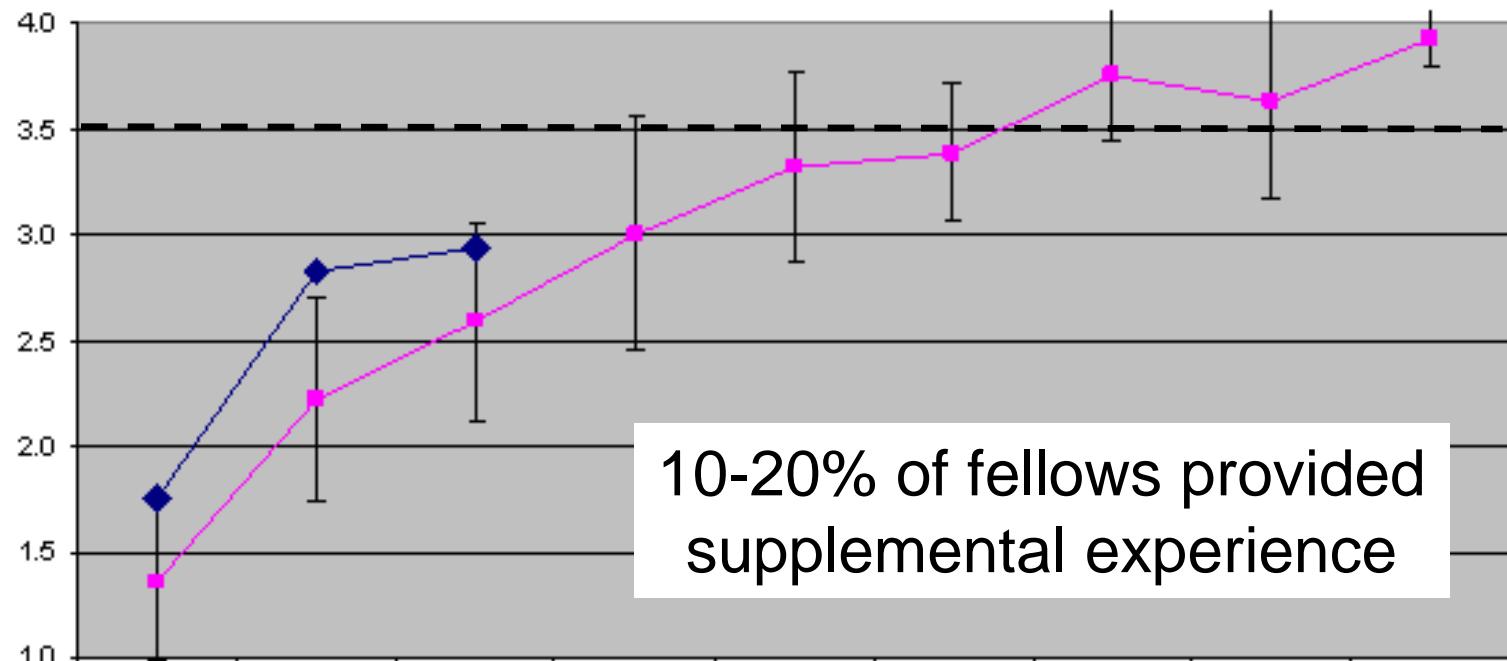


# Percent of Fellows Meeting Competency Criteria



# Prospective Use of the MCSAT For Fellows Experience

Sample Fellow  
Average



10-20% of fellows provided supplemental experience

	1st - 10	50th	100th	150th	200th	250th	300th	350th	400th
Sample Fellow	1.8	2.8	2.9						
Average	1.4	2.2	2.6	3.0	3.3	3.4	3.8	3.6	3.9

# Assessment of Competency in Endoscopy (ACE): generalizable competency benchmarks for colonoscopy

- Update MCSAT – Validated & generalized to multiple centers
- **ACE tool:** 4 point grading scale for Motor & Cognitive Skills:

## Motor Skills (8):

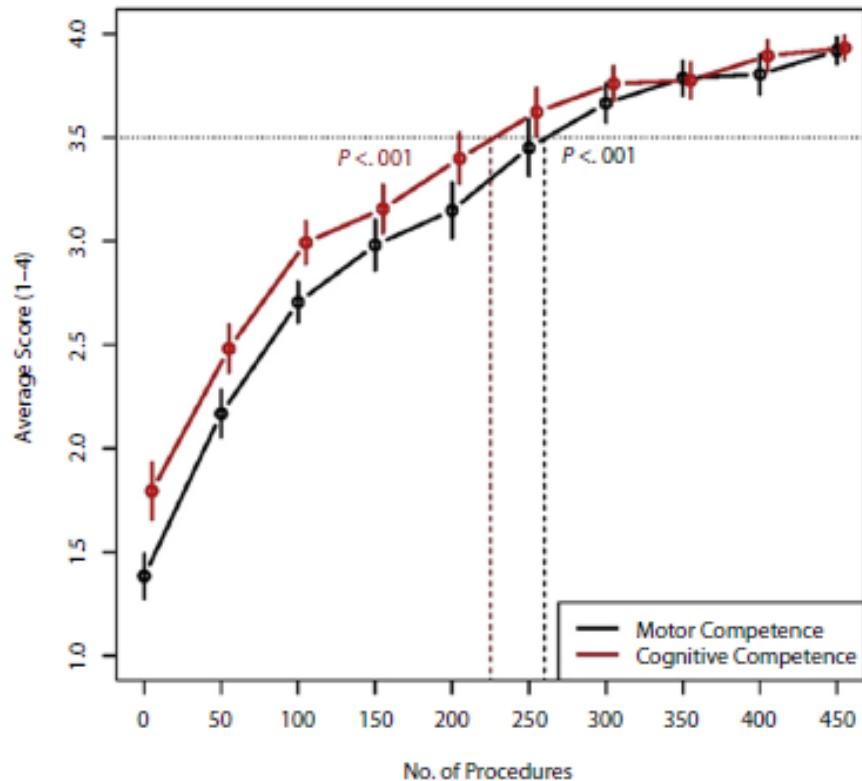
- Use of air, water, suction
- Steering technique
- Fine tip control
- Loop reduction techniques
- Depth of independ. advance
- Visualization of mucosa
- Ability to apply Rx tools
- Overall Motor Skills

## Cognitive Skills (8):

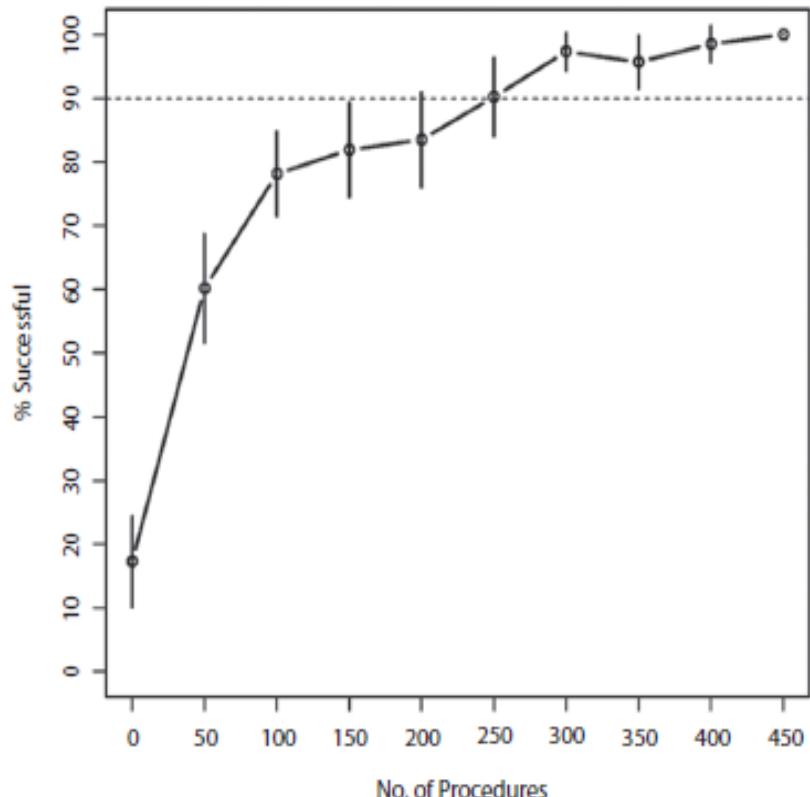
- Lumen identification
- Knowledge of indication, hx
- Mgt. of discomfort
- Pathology ID & Interpretation
- Identifying pathology location
- Polyp Detection
- Knowledge - therapeutic tools
- Overall Cognitive Skills

# Assessment of Competency in Endoscopy:

Average Competence by Experience



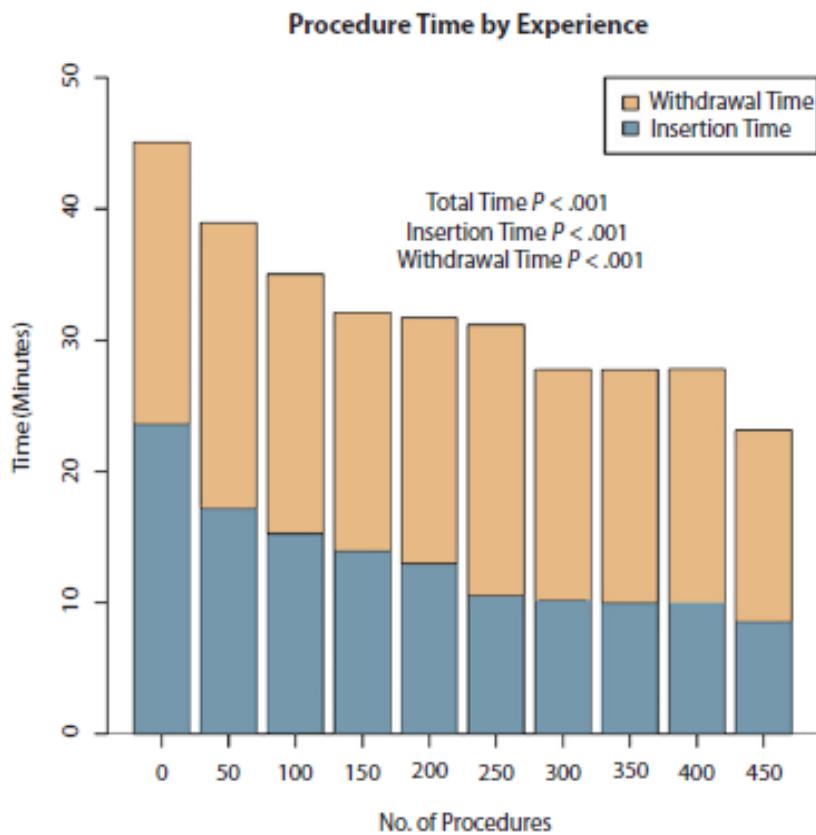
Cecal Intubation by Experience



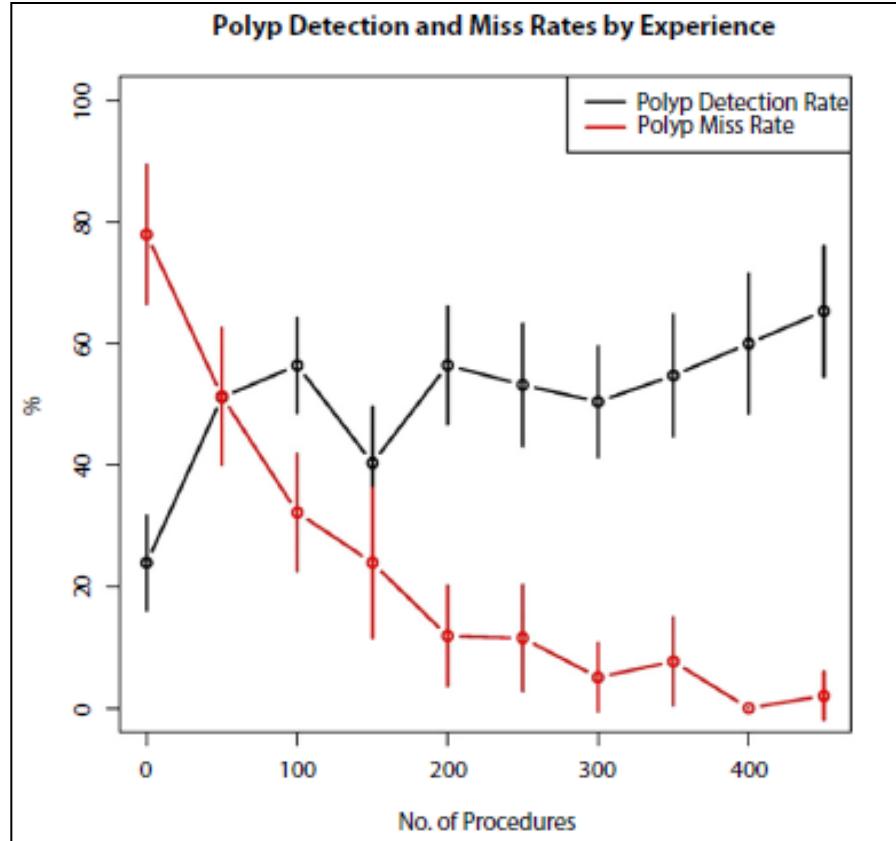
Sedlack, Coyle. GIE 2016;83:516-523

# Assessment of Competency in Endoscopy:

## Procedure Time by Experience



## Polyp Detection, Miss Rate by Experience



Sedlack, Coyle. GIE 2016;83:516-523

# Gastrointestinal Endoscopy Competency Assessment Tool (GiECAT)

- Prospective, Multicenter Validation Study
  - Checklist – 19 items in 5 domains
  - Global Rating Scale - 7 items
- 61 Endoscopists (GI & Gen Surg) → 116 Colonoscopies
- *Dual raters, Dual Procedures, Non-blinded*

## Results:

High or Excellent:

- Inter-rater reliability
- Retest reliability
- Discriminative validity between novice→ exp'd
- Concurrent validity

# DOPS

# Directly Observed Procedure Score



Royal College  
of Physicians

JAG

Joint Advisory Group  
on GI Endoscopy

Summative DOPS: Colonoscopy  
and Flexible Sigmoidoscopy

Date of procedure			
Trainee name		Membership no. (eg. GMC/NMC)	
Assessor name		Membership no. (eg. GMC/NMC)	
Outline of case			
Difficulty of case	Easy	Moderate	Complicated
Please tick appropriate box			

Complete DOPS form by ticking box to indicate whether trainee is competent for independent practice	<u>Not</u> competent for independent practice supervision required	Competent for independent practice no supervision required
Pre-procedure		
Indication		
Risk		
Confirms consent		
Preparation		
Equipment check		
Sedation		
Monitoring		
Comments		

Procedure		
Scope handling		
Tip control		
Air management		
Proactive problem solving		
Loop management		
Patient comfort		
Pace and progress		
Visualisation		
Comments		
Management of findings		
Recognition		
Management		
Complications		
Comments		
Post-procedure		
Report writing		
Management plan		
Comments		

# DOPyS

## Direct

## Observation of

## Polyectomy

## Skills

- 33 criteria
- Skills
- ‘Live’
- ‘Video’

### DOPyS: Polypectomy Assessment Score Sheet

Colonoscopy ..... Case ID:..... Date:..... Assessor:..... Poly Number:.....

Procedure C / AC / HEY / TCA / SEY / DC / RCB

Score:	4	- Highly skilled performance
	3	- Competent & safe throughout procedure, no uncorrected errors
	2	- Some standards not yet met, expects to be improved, some errors uncorrected
	1	- Accepted standards not yet met, frequent errors uncorrected
	N/A	- Not applicable/Not assessable - SHOT!

The underlined parameters can only be assessed during ‘live’ polypectomy

Generic	Score	Comments
Optimising view of / access to the polyp:		

1. Attempts to achieve optimal polyp position
2. Optimises view by irrigation/rupture/polyp wash
3. Delays/pauses full extent of lesion (if- use of adjunctive spray etc) if aggregate
4. Adequate anaesthesia/inhalation
5. Uses appropriate polypectomy technique (e.g. taking)
6. Checks all polypectomy colonoscopy equipment
7. Checks for unanticipated clinical features/colonic diverticula
8. Clear indications i.e. resection of “polypoid” mass
9. Checks depth of invasion for neoplasia
10. Photo-documentation and post-operative review

Stalked polyps: Generic, then	Score	Comments
11. Pre-injects stalk/leggins until colonic mucosa is grasped/stapled, if deemed appropriate		

12. Selects appropriate anore size
13. Directs anore accurately over polyp head
14. Correctly selects en-bloc or piecemeal removal depending on size
15. Advances anore sheath towards stalk as anore closed
16. Places anore at appropriate position on the stalk
17. Applies polyp to ensure aggregate amount of tissue is trapped within anore
18. Applies appropriate degree of diathermy

Small sessile lesions / Endoscopic mucosal resection: Generic, then	Score	Comments
19. Adequate spray/epinephrine injection using appropriate injection technique, maintaining view		

20. Only proceeds if the lesion fits adequately
21. Directs appropriately sized anore accurately
22. Correctly selects en-bloc or piecemeal removal
23. Appropriate positioning of anore over lesion
24. Ensures appropriate amount of tissue is taken
25. Tents lesion gently away from the mucosa
26. Uses cold snare technique or applies appropriate diathermy, as applicable
27. Ensures adequate spray/epinephrine prior to further resection

Post-polypectomy:	Score	Comments
28. Examines remnant stalk/polyp base		

29. Identifies and appropriately treats residual polyp
30. Identifies bleeding and performs adequate epinephrine
31. Retrieves, or attempts retrieval of polyp
32. Checks for retained colostomy
33. Tacks placed competently, where appropriate

**Assessment/  
pre-polypectomy**

**Stalked polyps**

**Sessile polyps/EMR**

**Post-polypectomy**

Overall Competency at polypectomy:	4	3	2	1
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# Summary

- Well validated competency assessment tools have been established
- Multifactorial: Knowledge, Skills, Attitudes
- Application reduces reliance on subjective assessments
- Serial ‘formative’ application enables individualized training schedules
- Determination of Competence via Serial Formative vs. Summative Assessments

