



# Improving fecal immunochemical test-based colorectal cancer screening by addition of blood- based biomarkers

Mees Mansvelders, PhD student

Gastro Unit, Copenhagen University Hospital, Hvidovre, Denmark

13<sup>th</sup> October, 2023



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Mathias Mertz Pedersen

# Danish colorectal cancer FIT screening program

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All citizens aged 50-74  
receive FIT kit by mail



## Danish colorectal cancer FIT screening program

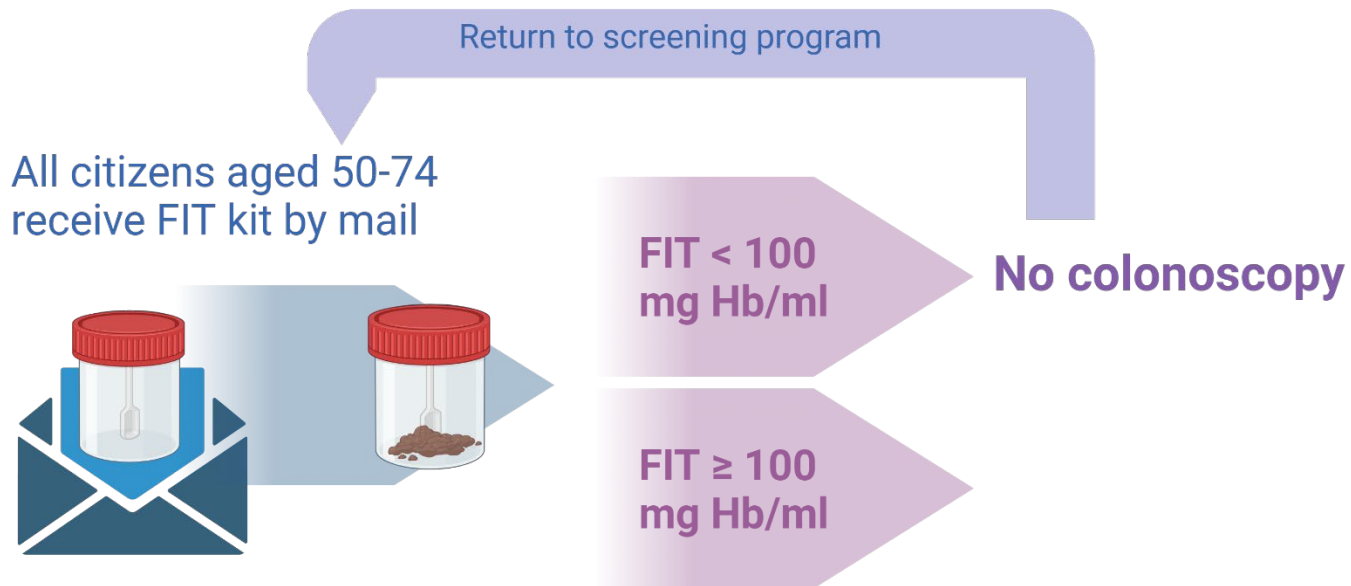
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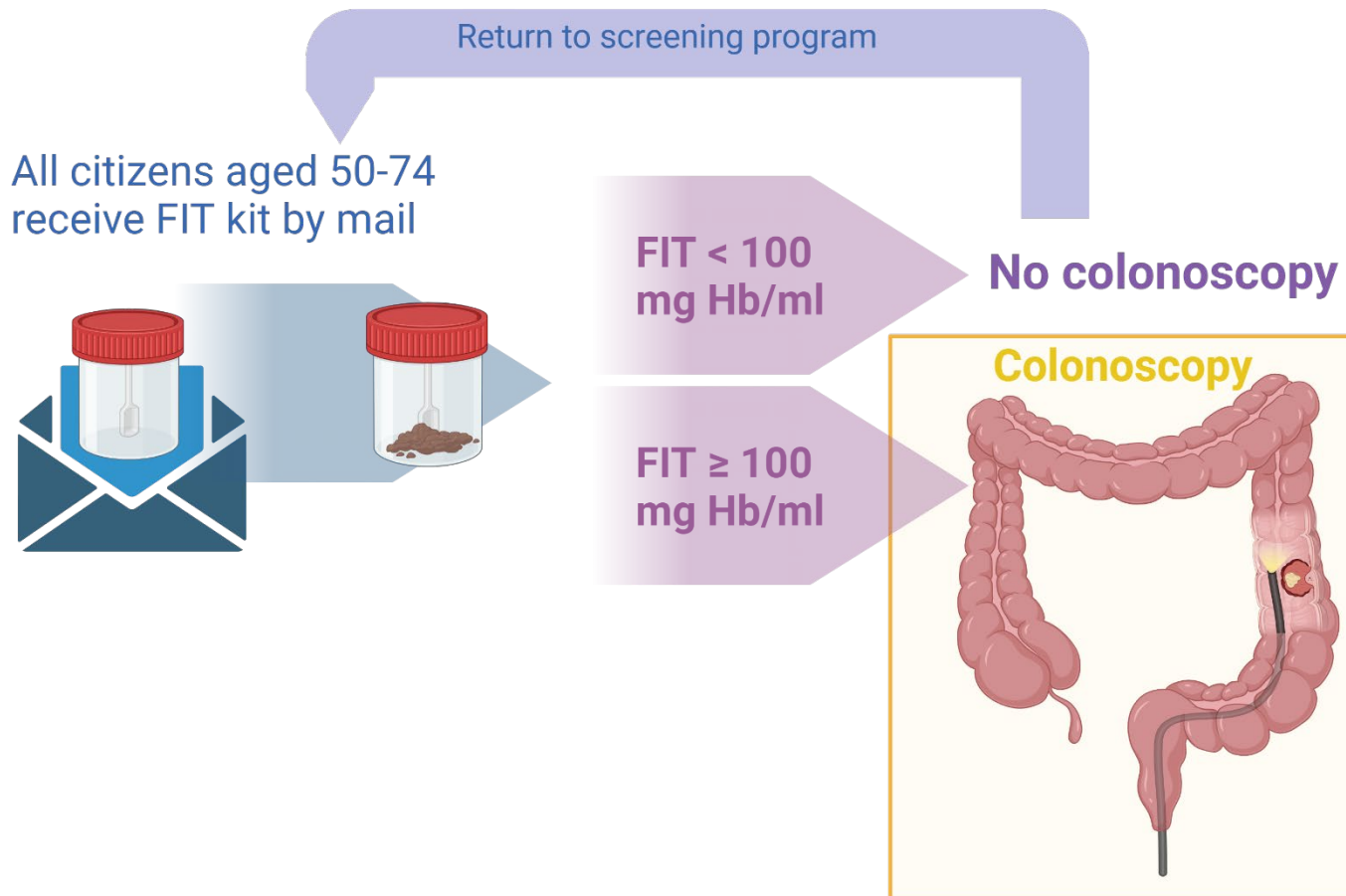
$\text{FIT} < 100$   
mg Hb/ml

$\text{FIT} \geq 100$   
mg Hb/ml

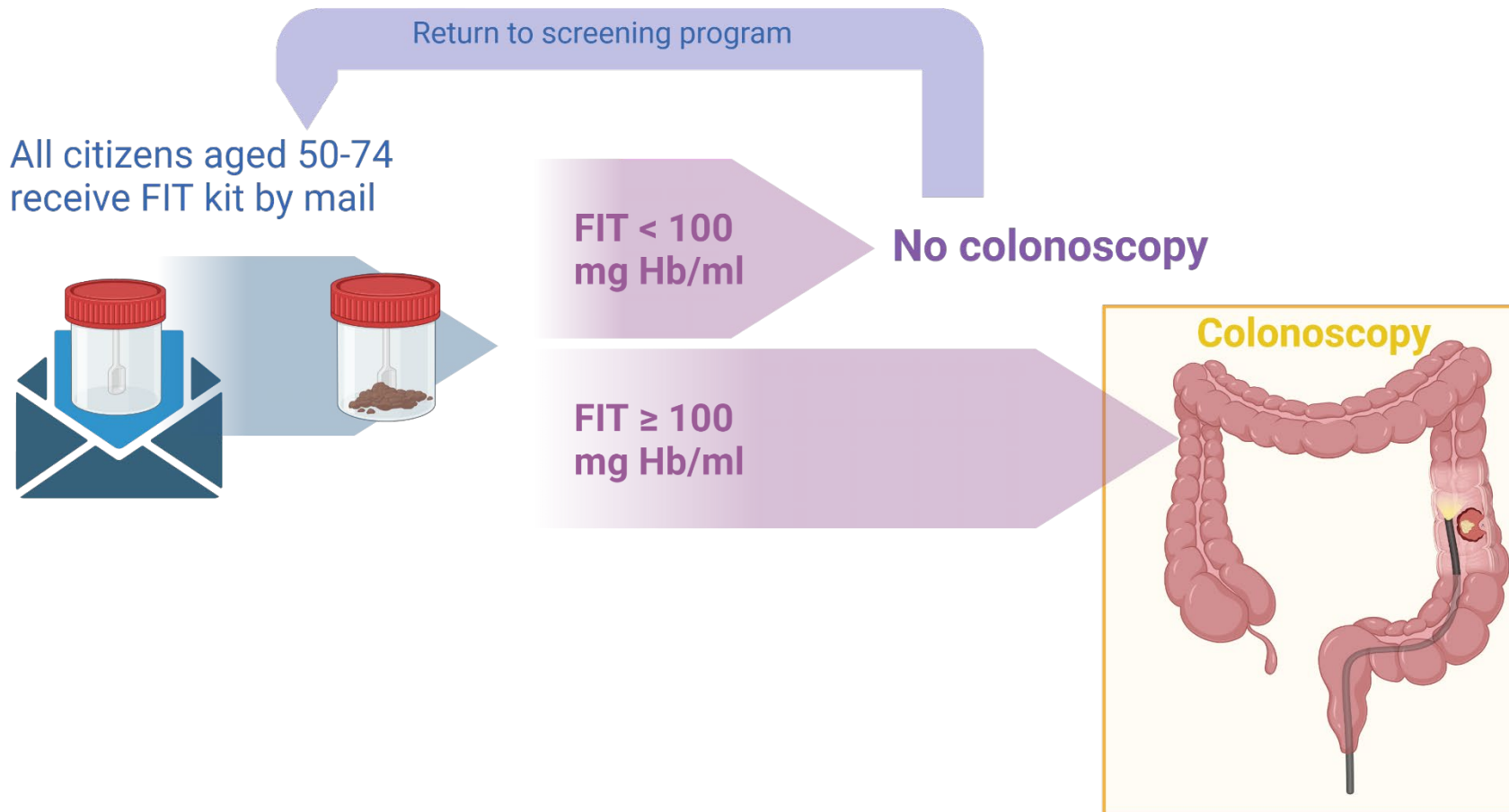
## Danish colorectal cancer FIT screening program



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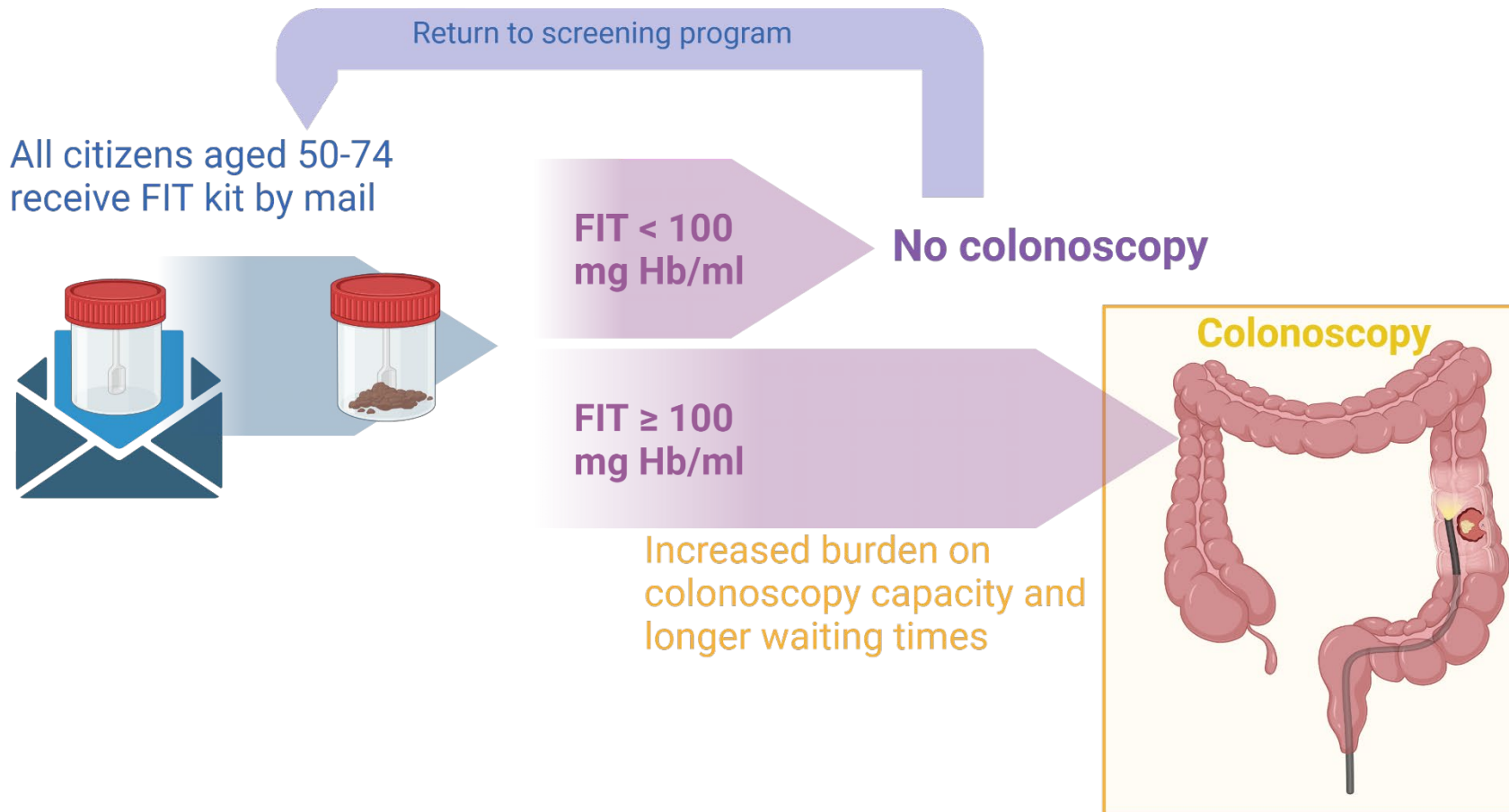


## Danish colorectal cancer FIT screening program

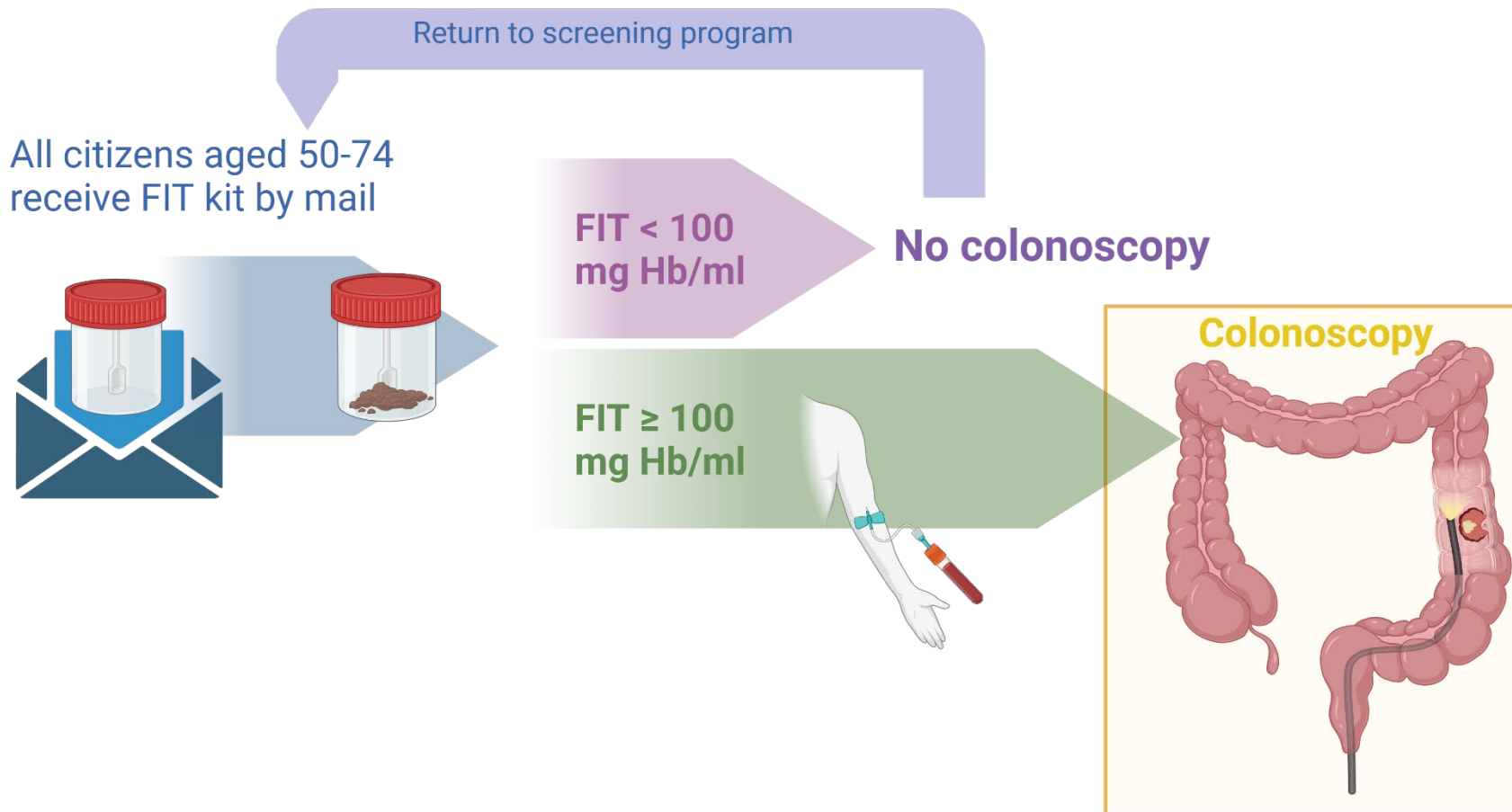




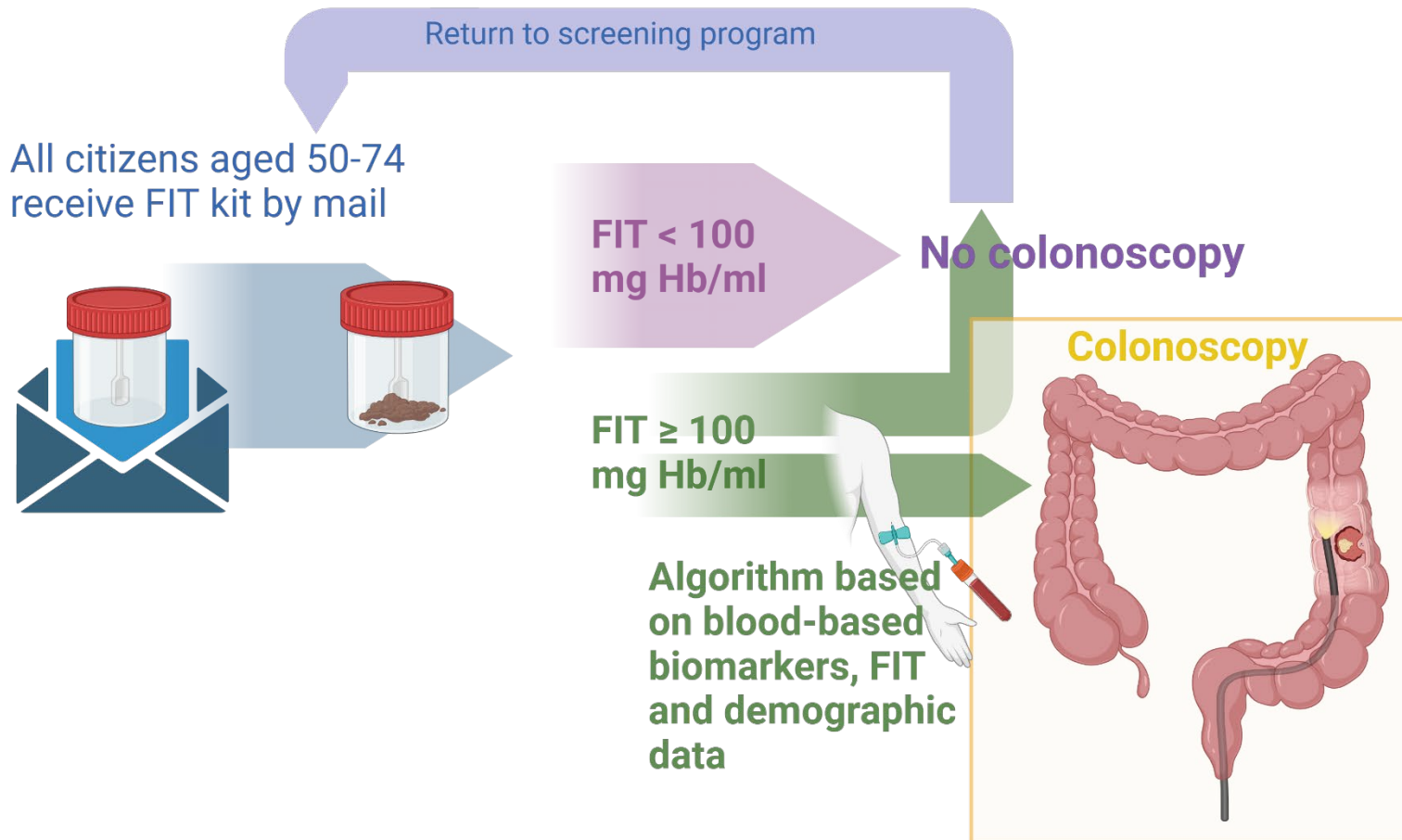
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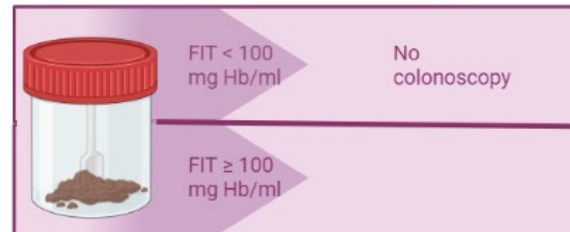


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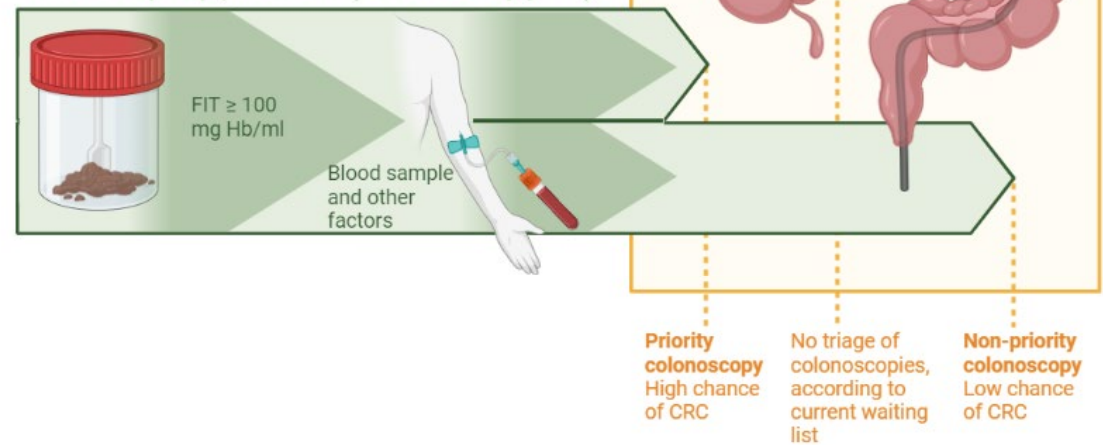


# Endoscopy III cohort

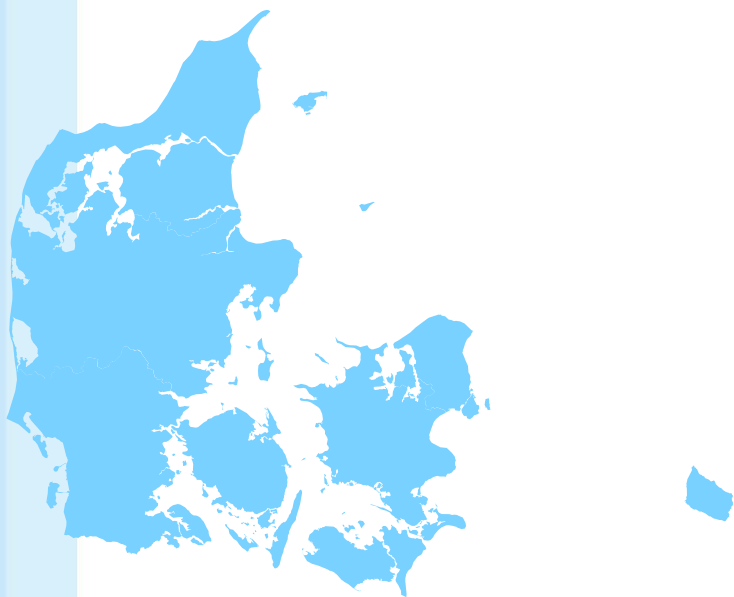
## Population wide screening



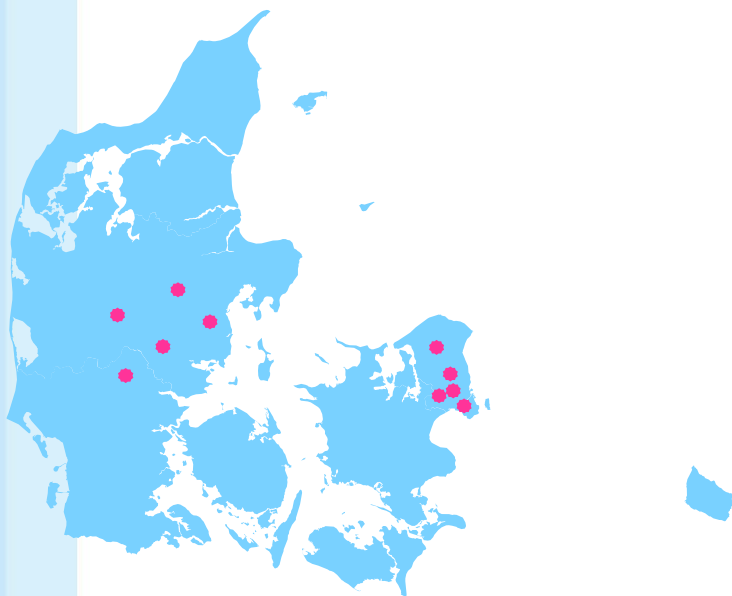
## Two-step approach (Endoscopy III)



# Endoscopy III cohort

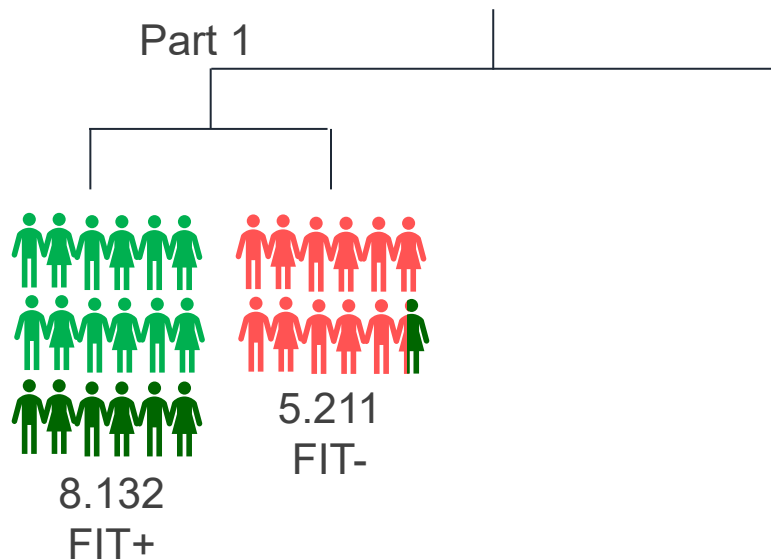


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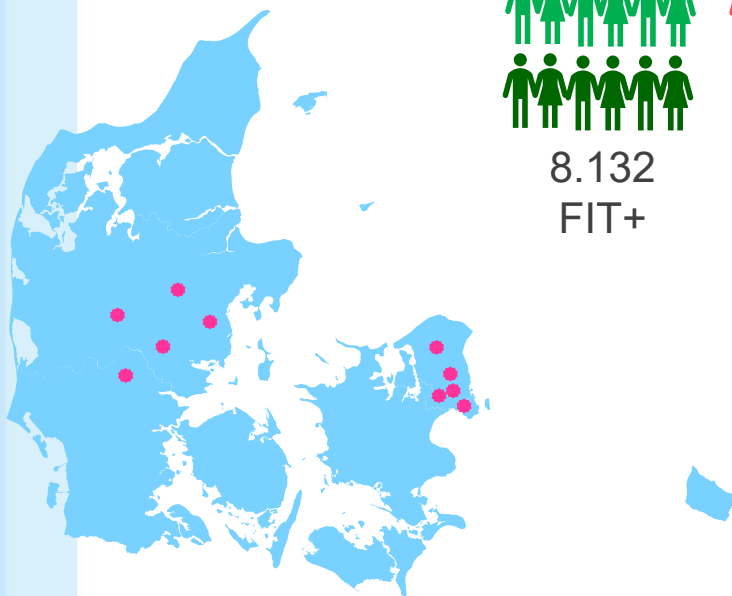


# Endoscopy III cohort

Endoscopy III  
**N = 48.657**  
2014-2021

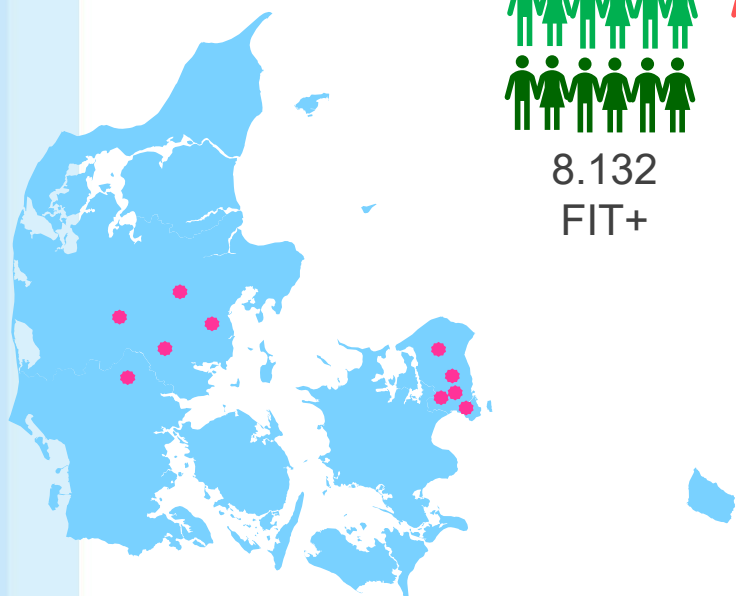
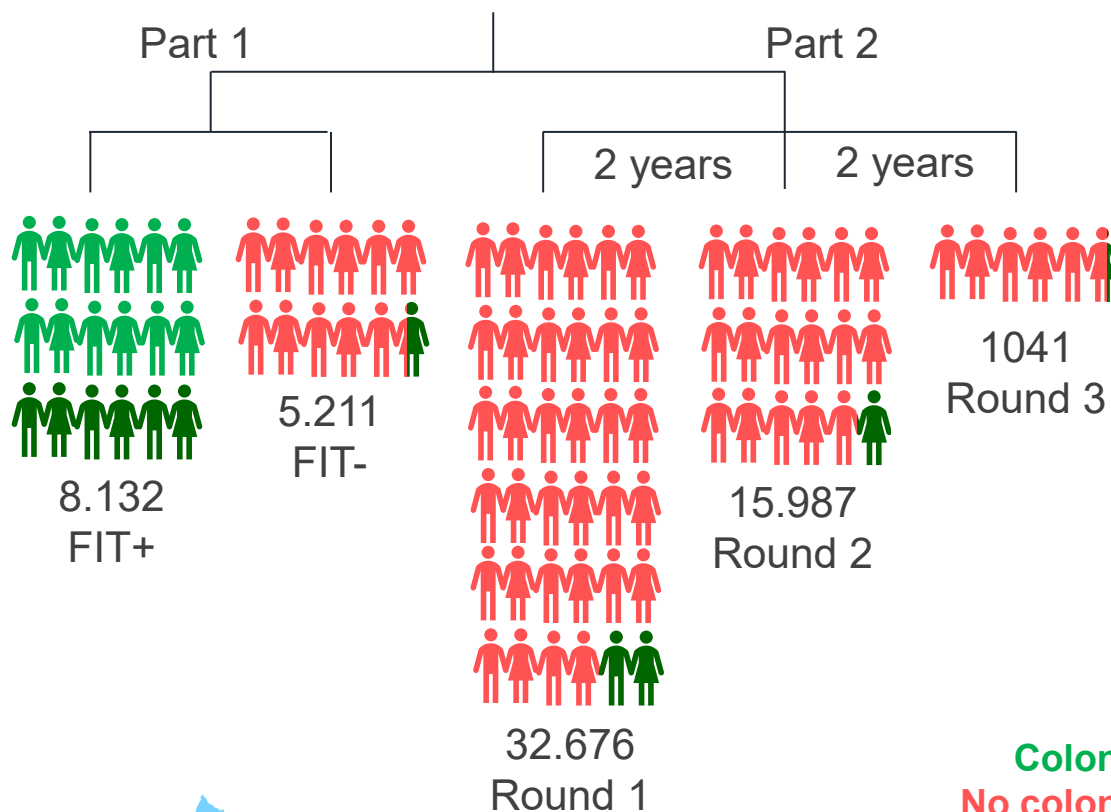


Colonoscopy  
No colonoscopy  
Colorectal cancer or adenomas



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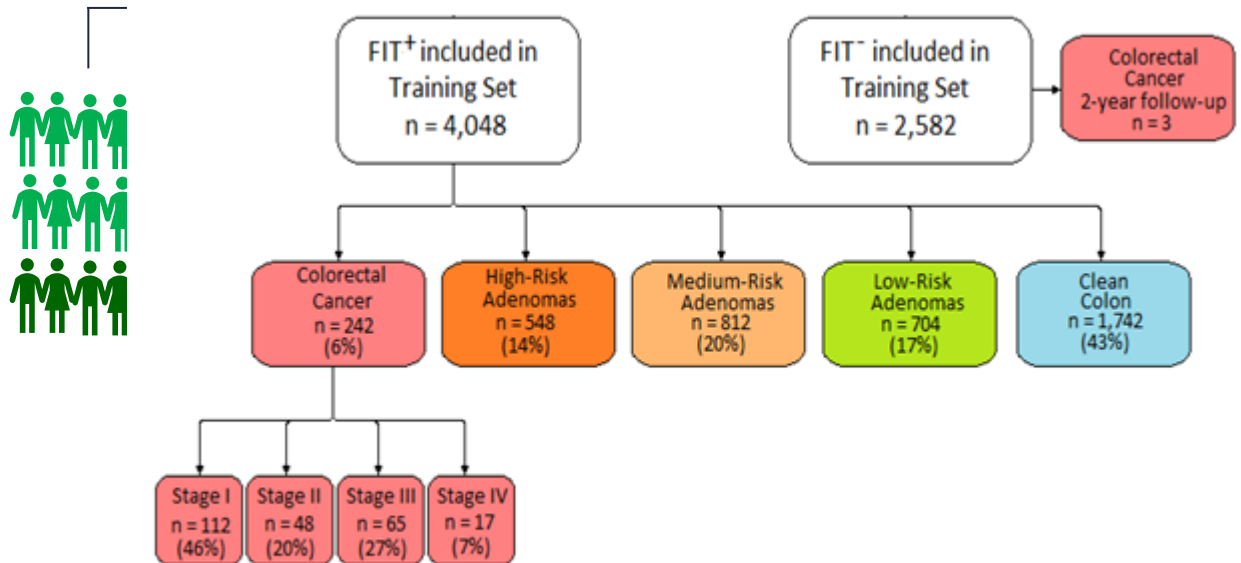
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# Endoscopy III cohort



# Blood-based biomarkers



Ferritin, CEA, TIMP-1,  
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British Journal of Cancer

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## ARTICLE

Clinical Studies

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## Early detection of colorectal neoplasia: application of a blood-based serological protein test on subjects undergoing population-based screening

Jakob Kleif<sup>1,2,3,5</sup>, Lars Nannestad Jørgensen<sup>3,4</sup>, Jakob W. Hendel<sup>5</sup>, Mogens R. Madsen<sup>6</sup>, Jesper Vilandt<sup>2</sup>, Søren Brandsborg<sup>7</sup>, Lars Maagaard Andersen<sup>8</sup>, Ali Khalid<sup>9</sup>, Peter Ingeholm<sup>10</sup>, Linnea Ferm<sup>1</sup>, Gerard J. Davis<sup>11</sup>, Susan H. Gawe<sup>11</sup>, Frans Martens<sup>12</sup>, Berit Andersen<sup>8,13</sup>, Morten Rasmussen<sup>4</sup>, Ib Jarle Christensen<sup>1</sup> and Hans Jørgen Nielsen<sup>1,3,14</sup>

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**BACKGROUND:** Blood-based biomarkers used for colorectal cancer screening need to be developed and validated in appropriate screening populations. We aimed to develop a cancer-associated protein biomarker test for the detection of colorectal cancer in a screening population.

**METHODS:** Participants from the Danish Colorectal Cancer Screening Program were recruited. Blood samples were collected prior to colonoscopy. The cohort was divided into training and validation sets. We present the results of model development using the training set. Age, sex, and the serological proteins CEA, hsCRP, TIMP-1, Pepsinogen-2, HE4, CyFra21-1, Galectin-3, ferritin and B2M were used to develop a signature test to discriminate between participants with colorectal cancer versus all other findings at colonoscopy.

**RESULTS:** The training set included 4048 FIT-positive participants of whom 242 had a colorectal cancer. The final model for discriminating colorectal cancer versus all other findings at colonoscopy had an AUC of 0.70 (95% CI: 0.66–0.74) and included age, sex, CEA, hsCRP, HE4 and ferritin.

**CONCLUSION:** The performance of the biomarker signature in this FIT-positive screening population did not reflect the positive performance of biomarker signatures seen in symptomatic populations. Additional biomarkers are needed if the serological biomarkers are to be used as a frontline screening test.

*British Journal of Cancer* (2022) 126:1387–1393; <https://doi.org/10.1038/s41416-022-01712-x>

## BACKGROUND

Colorectal cancer (CRC) is the third leading cause of cancer and accounts for approximately one-tenth of cancer cases and cancer-related deaths globally [1]. While the incidence and mortality from CRC are increasing in low- and middle-income countries, a decreasing trend is observed in several high-income countries [2]. Overall, the risk of being diagnosed with CRC is associated with increasing age [3], but emerging results have shown, however, that the risk of young-onset CRC is increasing in some high-income countries [4–6]. In addition, the disease is a leading cause of cancer-related mortality among adults younger than 50 years of age in the USA [7].

Survival from CRC is highly dependent on the stage at diagnosis; screening leads to more early-stage diagnoses, thereby improving survival from CRC [8, 9]. Identification and removal of adenomas

generally prevents long-term mortality from colorectal cancer [10]. Furthermore, evidence suggests that organised screening programmes reduce the incidence of colorectal cancer [11].

The number of subjects undergoing CRC screening will most likely increase in coming years as a consequence of both increased demand in low- and middle-income countries [12] and an extended age interval for screening recommendations in high-income countries, for instance 45–85 years of age in USA [13]. Direct colonoscopy is the “gold” standard for early detection of CRC, but high costs and limited capacity makes direct colonoscopy unrealistic and infeasible for general population-based screening [14, 15]. Most nationwide colorectal screening programmes use the faecal immunochemical test (FIT) with compliance rates above the minimum acceptable rate of 45% but below the desirable rate of 65% [16–18].

# Blood-based biomarkers



Ferritin, CEA, TIMP-1,  
hsCRP, Galectin-3, HE-  
4, CyFra-21, B2M, and  
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as predictors for **CRC**  
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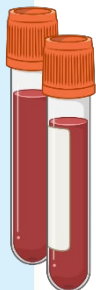
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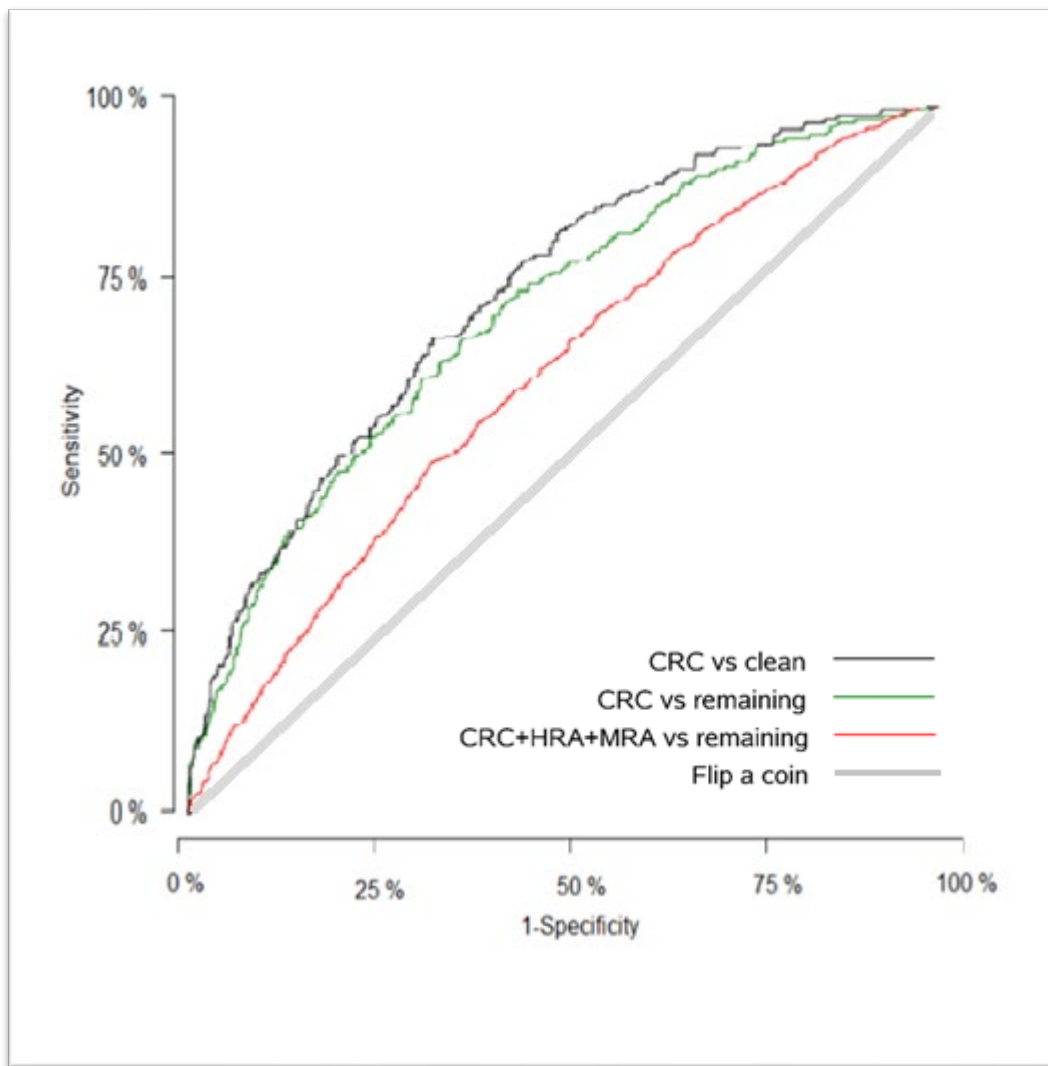
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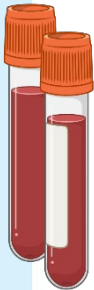


Ferritin, CEA, TIMP-1,  
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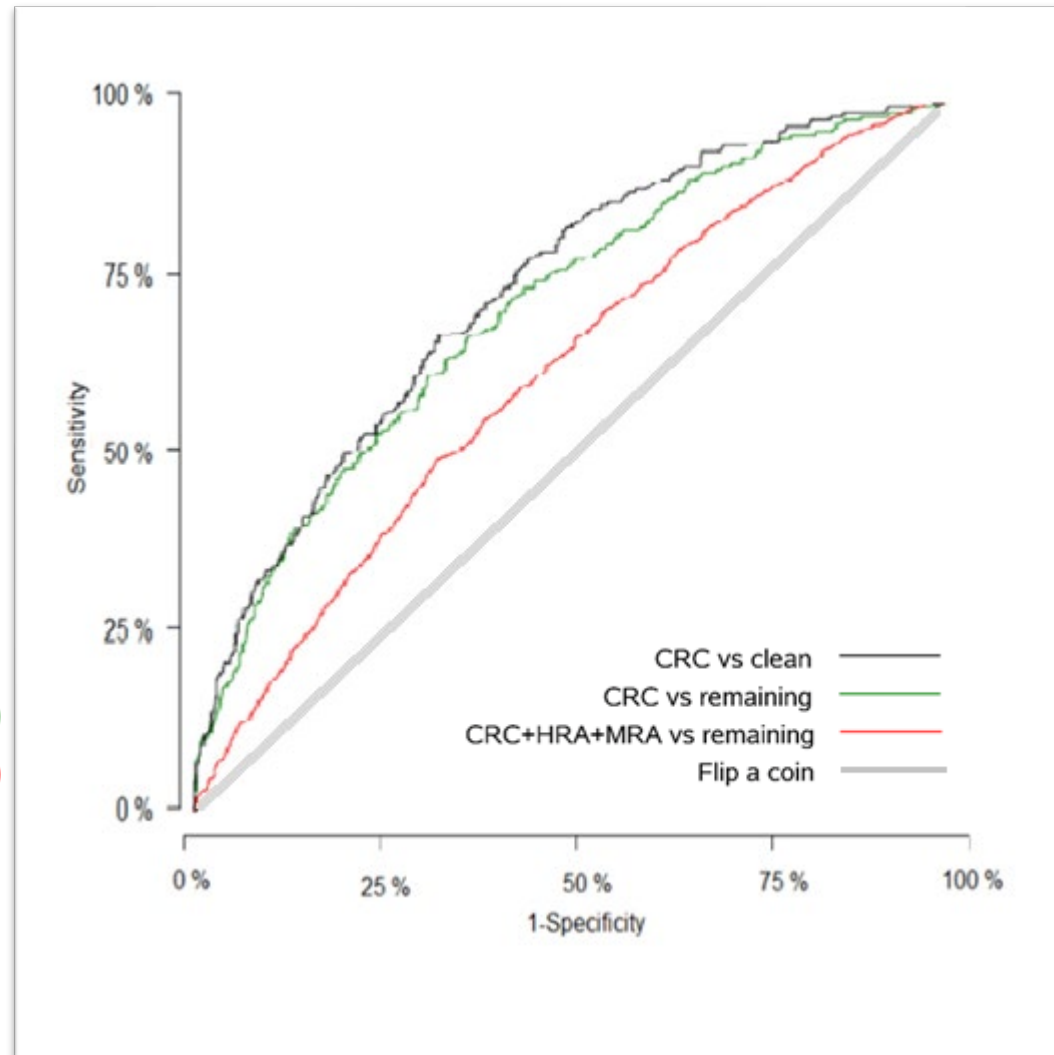


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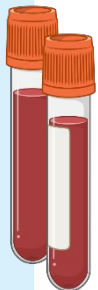
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**AUC = 0.70** (95% CI 0.66-0.74)

**AUC = 0.61** (95% CI 0.59-0.63)



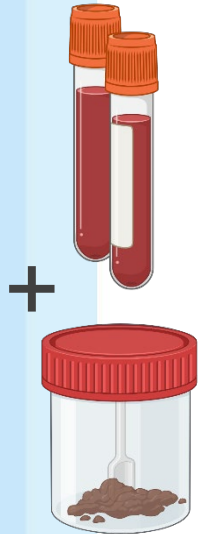
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# Blood-based biomarkers combined with FIT



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# Blood-based biomarkers combined with FIT



+



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Combined in two  
algorithms

## Original Study



### Optimizing Screening for Colorectal Cancer: An Algorithm Combining Fecal Immunochemical Test, Blood-Based Cancer-Associated Proteins and Demographics to Reduce Colonoscopy Burden

Mathias M. Petersen,<sup>1,2</sup> Jakob Kleif,<sup>1,2,3</sup> Lars N. Jørgensen,<sup>2,4</sup> Jakob W. Hendel,<sup>5</sup>  
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Gerard J. Davis,<sup>11</sup> Ib J. Christensen,<sup>1</sup> Christina Therkildsen<sup>1</sup>

#### Abstract

**This study aimed to investigate if a 2-step algorithm using fecal immunochemical test, blood-based biomarkers and demographics of a subject could enhance screening for colorectal cancer. Our results indicate that the algorithm could reduce the number of colonoscopies by up to 11% without compromising colorectal cancer detection.**

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# Blood-based biomarkers combined with FIT



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Combined in two  
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Predefined  
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# Blood-based biomarkers combined with FIT



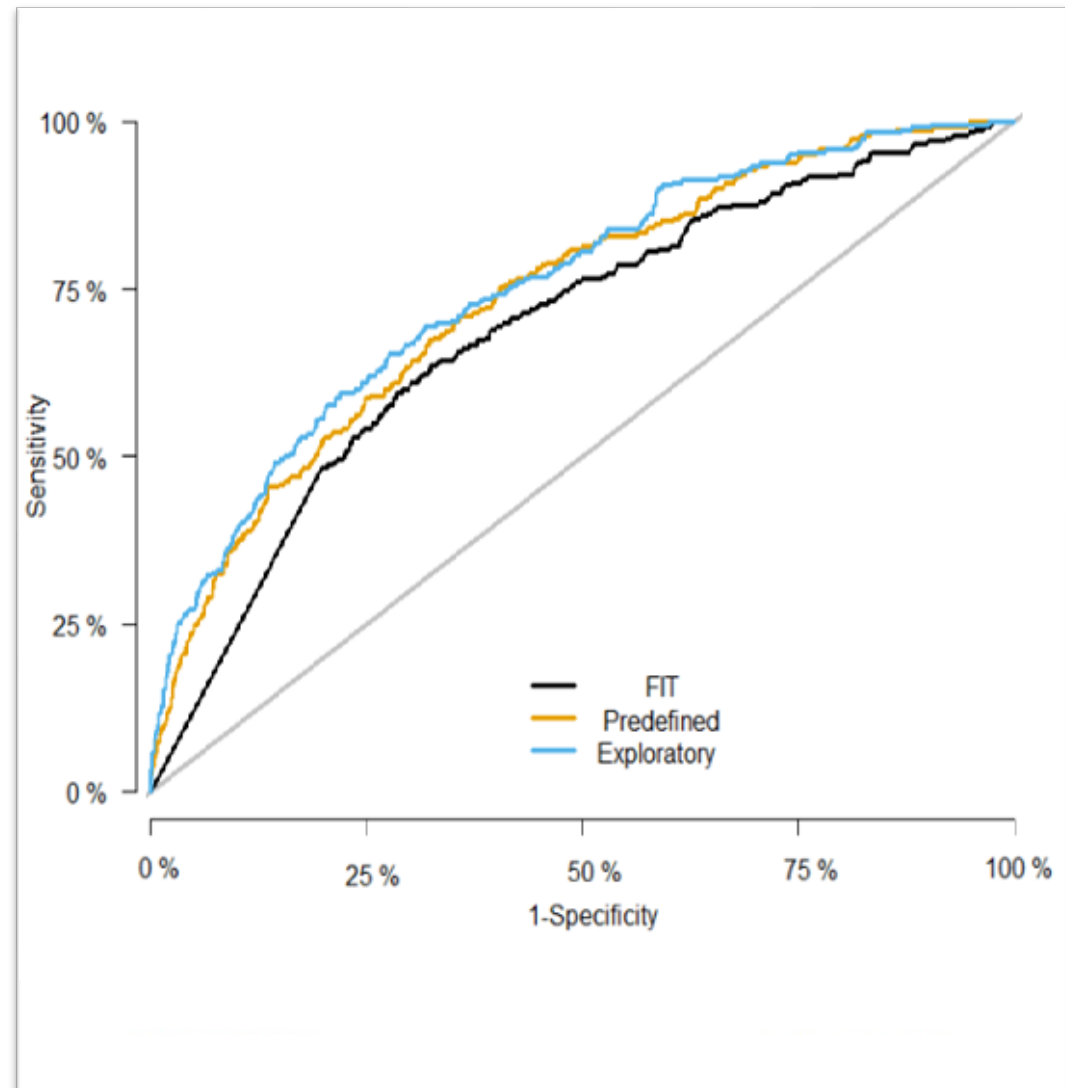
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Ferritin, CEA, TIMP-1,  
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4, CyFra-21, B2M,  
Pepsinogen-2 and FIT

**Combined in two  
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**CRC vs remaining**



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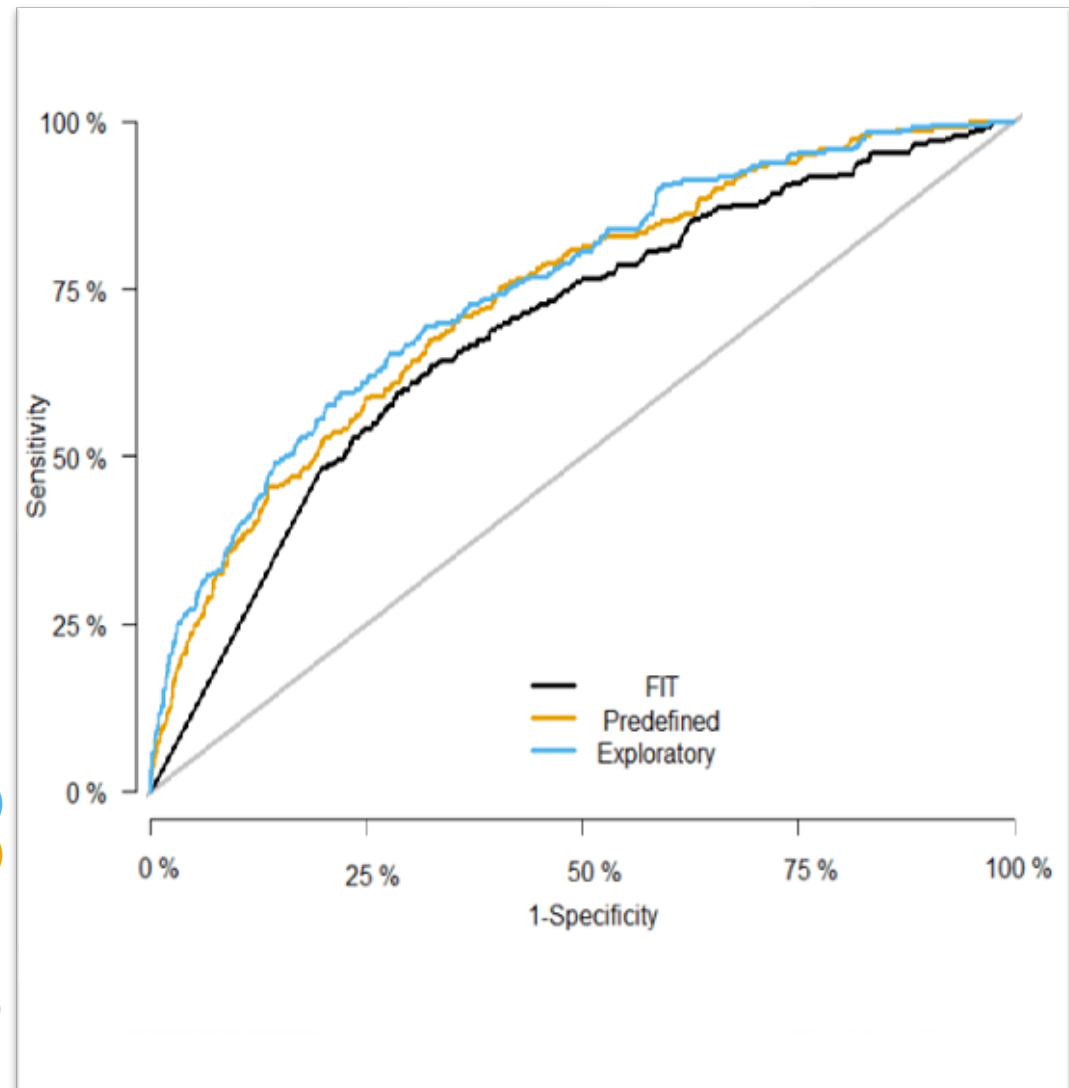
Algorithm

**AUC = 0.75** (95% CI 0.72-0.77)

**AUC = 0.74** (95% CI 0.71-0.78)

FIT

**AUC = 0.69** (95% CI 0.66-0.72)



# The algorithm at different FIT cut-offs

## The algorithm at different FIT cut-offs

Missed CRC	150 ng Hb/mL France	235 ng Hb/mL Netherlands	400 ng Hb/mL Scotland	600 ng Hb/mL England
FIT only	8%	20%	33%	42%
With use of algorithm	1%	9%	22%	31%

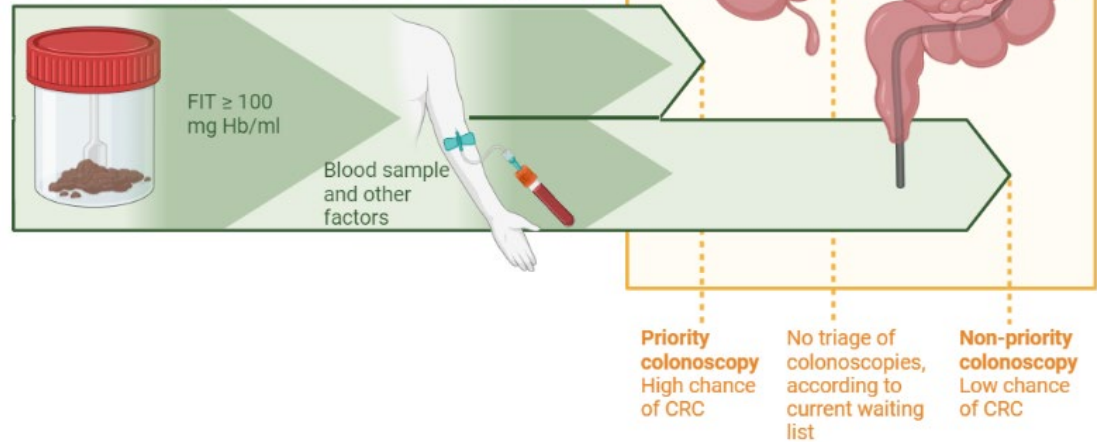


# Endoscopy III cohort

## Population wide screening



## Two-step approach (Endoscopy III)



# Endoscopy III cohort

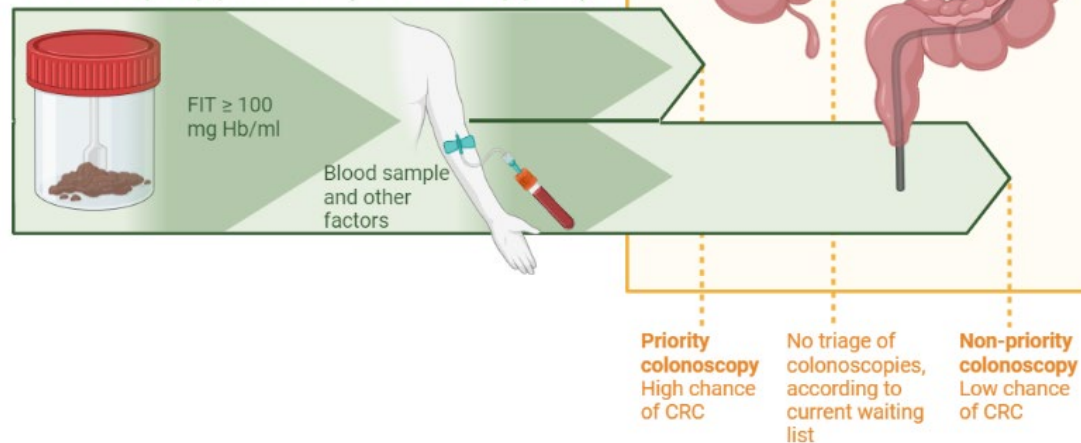
## Cohort

- 13343 total
- 8132 FIT +
  - Training set 4048
- 31% stage III & IV CRC

## Population wide screening



## Two-step approach (Endoscopy III)



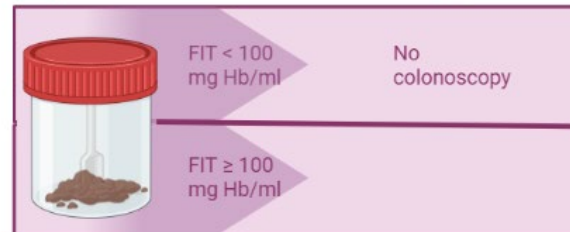


# Endoscopy III cohort

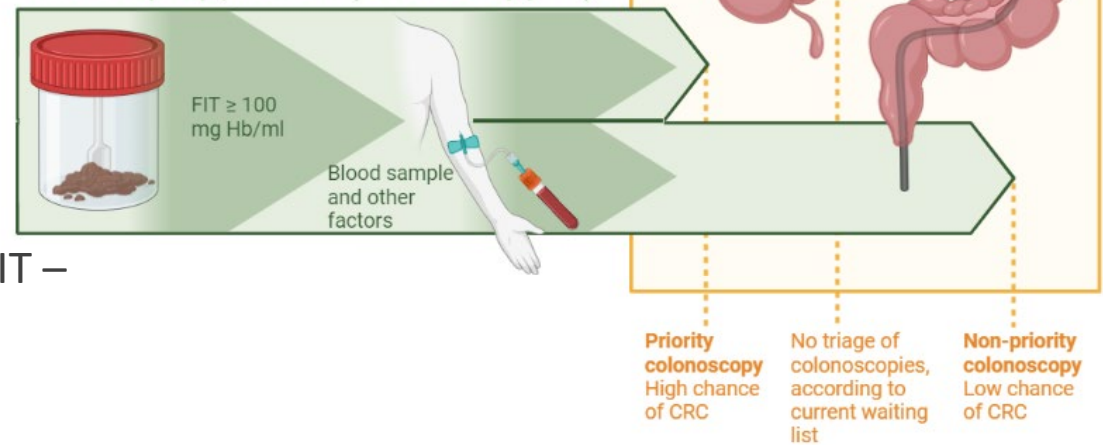
## Cohort

- 13343 total
- 8132 FIT +
  - Training set 4048
- 31% stage III & IV CRC
- Only colonoscopy on FIT –

## Population wide screening



## Two-step approach (Endoscopy III)



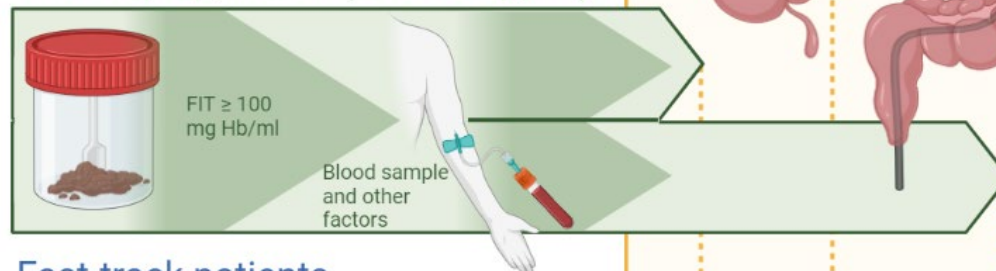
# Endoscopy III cohort

# Endoscopy IV cohort

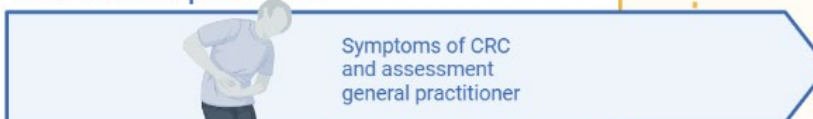
## Population wide screening



## Two-step approach (Endoscopy III)



## Fast-track patients



## Two-step approach (Endoscopy IV)

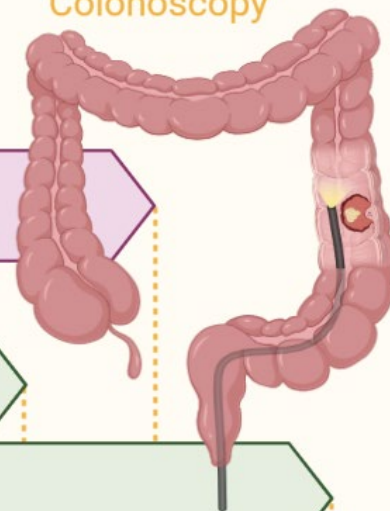


**Priority colonoscopy**  
High chance of CRC

No triage of colonoscopies, according to current waiting list

**Non-priority colonoscopy**  
Low chance of CRC

## Colonoscopy



# Endoscopy III cohort

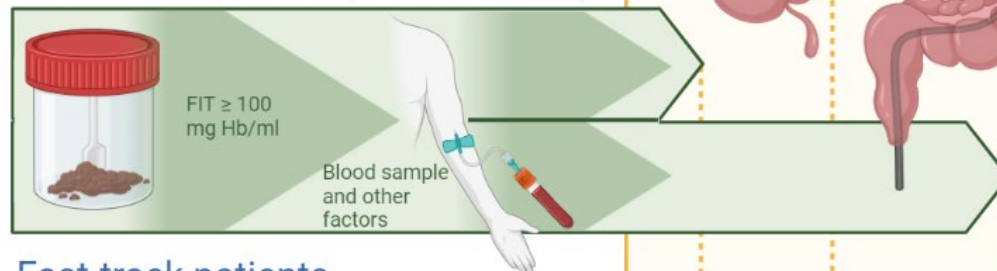
# Endoscopy IV cohort

Symptomatic patients  
1723 total  
Colonoscopy on all

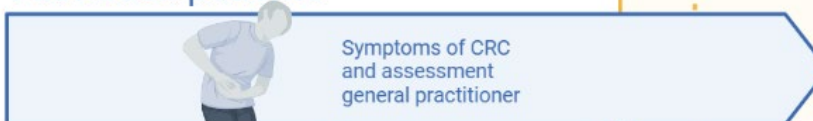
## Population wide screening



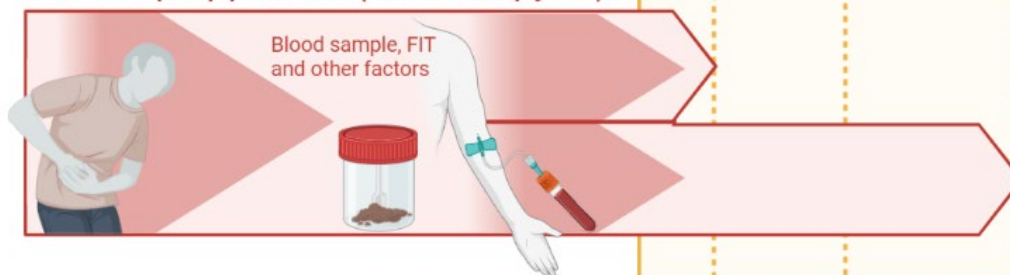
## Two-step approach (Endoscopy III)



## Fast-track patients



## Two-step approach (Endoscopy IV)

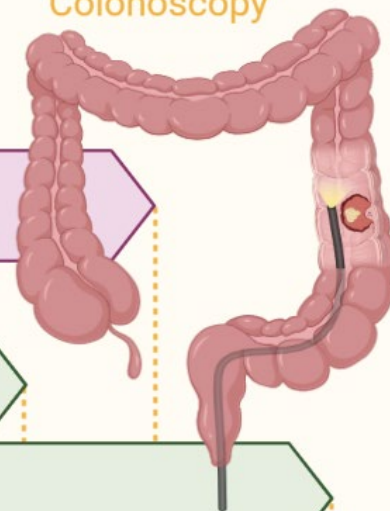


**Priority colonoscopy**  
High chance of CRC

No triage of colonoscopies, according to current waiting list

**Non-priority colonoscopy**  
Low chance of CRC

## Colonoscopy



# Thank you for listening

FACULTY OF HEALTH AND MEDICAL SCIENCES  
UNIVERSITY OF COPENHAGEN



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## Hvidovre Hospital

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