English National PCCRC audit data

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WEO Colorectal Cancer Screening Committee 5th May 2023, Chicago

English National PCCRC audit



Interval and non-interval types

PCCRC-4yr: four-year interval was chosen so as not to miss patients having a 3-year surveillance



Interval = cancers diagnosed before planned interval

Non-interval A = cancers diagnosed at planned surveillance

Non-interval B = cancers diagnosed after planned surveillance

Non-interval C = no planned surveillance/repeat



Flying is safe because the airline industry reviews events obsessionally, however minor

Flights over Eastern Canada at 1529 MDT 3rd May 2023



National Audit - was the PCCRC avoidable?



In England there are 1400 PCCRC-4yr every year

? 60% avoidable

Anderson, Burr, Valori, Gastro 2020 found 89% avoidable

What harm resulted from the delay?



	n	%
None	962	56
Minor harm	486	28
Major harm	138	8
Premature death	138	8



60% avoidable is equivalent to two A380s full of patients having an avoidable PCCRC-4yr in England every year

14 A380s of patients in the US

18 A380s of patients in the EU

Every year!

Audit objective – to apply airline industry methodology

- Help services comply with a WEO recommendation and a JAG requirement
 - To improve the quality of colonoscopy at service level
 - In turn to prevent cancer and diagnose it earlier
- Create an evidence base from aggregated data
 - On which future quality measures and recommendations can be based

Audit future objectives

- Help services comply with a requirement
 - To improve the quality of colonoscopy at service level
 - In turn to prevent cancer and diagnose it earlier
- Create an evidence base from aggregated data
 - On which future quality measures and recommendations can be based
- Enable comparisons between regions and encourage competition
 - Benchmarking
- Monitor performance
 - Monitor impact of quality improvement using key PCCRC metrics

Final submissions as of 10/5/22

Participating sites	Completed audits	Excluded	Total
122/126	1724 (77%)	459	2465

Indication for the index colonoscopy

Indication	Ν	%		Surveillance category	Ν	%	%
Symptomatic	1020	59%		Surveillance (CRC)	130	7.5	26.1
Surveillance	456	26%	$\left\{ \right.$	Surveillance (polyps)	236	13.7	47.2
FIT-based Screening Programme	134	8%		Surveillance (IBD)	83	4.8	16.6
Abnormal investigation	70	4%		Surveillance (Lynch)	45	2.6	9.0
Planned polypectomy	44	3%					

Question

Should we aim for zero non-interval types A and B PCCRCs? (excluding IBD-PCCRCs)

Procedural difficulties

	n	%
No difficulty	1253	72.7
Any difficulty	471	27.3
Specific difficulty mentioned in the report (may have >1)		
Severe diverticular disease	102	5.9
Rigidity or fixation of the colon	44	2.6
Excessive looping	115	6.7
Very obese patient	4	0.2
Lengthy procedure (>45 minutes) e.g. for therapy	42	2.4
Patient discomfort	75	4.4
Poor bowel prep	181	10.5
Cardio-respiratory complications	2	0.1
Other	69	4.0

Take home messages

- A difficult colonoscopy makes it more difficult to do the procedure well
 - Long and stressful procedures affect attention and chance of missing lesions
- These findings have implications
 - for when to repeat a procedure or perform an alternative test, even months or years later

Bowel preparation

Bowel preparation	National			
	n	%		
Good	867	50.3		
Satisfactory	599	34.7		
Poor	198	11.5		
Not known	60	3.5		

Question

Rather than complicated bowel prep scores, should we record: "adequate (or not) for the indication"

"Inadequate for the indication" **requires** a decision which should be documented and acted upon

Site of CRC diagnosis in general population and PCCRC cases



Site	General population	PCCRC National audit	Relative proportion
Rectum	28.4%	19.3%	0.68
Sigmoid colon	28.0%	17.3%	0.62
Descending colon	2.9%	3.9%	1.34
Splenic flexure	2.2%	3.1%	1.41
Transverse colon	5.2%	9.6%	1.84
Hepatic flexure	2.9%	6.9%	2.37
Ascending colon	8.2%	15.1%	1.84
Caecum	14.6%	16.6%	1.13

Red >1.5, Amber <1.5, Green <1.0

Note: ICV 17, 0.99%, Unknown site 123, 7.1%

Photo-documentation of completion

	n	%
No photos taken	165	10.8
Photo unavailable for review	291	19.0
Inadequate photodocumentation	234	15.3
Adequate photodocumentation	842	55.0

Photo of completion important*?

		Adequate photo			
		No	Yes		
Completion	No	502	539		
important	Yes	380 (56%)	303 (44%)		

* Completion deemed important if the PCCRC occurred in the ascending colon, caecum or ileo-caecal valve

The caecum has been reached - but has it been adequately visualised?

orary patient ID

porary patient ID

The caecum had not been adequately visualised

emporary patient ID



Cancer sitting on medial wall of caecum just behind the ICV



Rectal retroversion photo important*

		Adequate photo		
		No	Yes	
Photo of rectum important	No	789	602	
	Yes	184 (55%)	149 (45%)	

* Photo of rectal retroversion deemed important if the PCCRC occurred in the rectum

Retroflex 1

mporary patient ID

nporary patient ID

mporary patient ID

Retroflex 2

-212 6

mporary patient ID

Retroflex 3

12/11/21 adequate retroflexion? Forward 1

mporary patient ID

Forward 2



What constitutes adequate photo-documentation?

Should <u>adequate</u> photo-documentation become an auditable outcome?

WEO categorisation for root cause analysis



Quality improvement strategies

- Category A
 - Adopt evidence-based methods to improve visualisation of the colon
- Category B
 - Reduce inadequate procedures: competence; bowel preparation; and adequate sedation
 - Make explicit decision post-procedure about whether the procedure was "adequate for the indication"
 - Take appropriate action if the procedure was deemed inadequate for the indication
- Category C
 - Planning appropriate and timely treatment of known lesions
 - Recognition of the features of overt and covert CRC
 - Ensure there are robust referral pathways in place for polyp resection
- Category D
 - Effective resection techniques, particularly of larger lesions
 - Audit recurrence rates for larger lesions (>20mm): <u>they should be <3%</u>
 - Adopt evidence-based techniques to prevent recurrence
 - Ensure there are robust referral pathways for resection of complex lesions



Should **adequate documentation** after incomplete or poor prep be an auditable outcome? Should we aim for zero PCCRCs in categories C&D?

	n	%
Patient failed to attend despite multiple attempts to arrange further tests	33	2
Further tests delayed for socio-economic reasons	10	0.6
Decision not to investigate further because of co-morbidity	51	3
Patient declined further tests	74	4
Patient moved out of area	8	0.5
None	1548	90
	n	%
Booking delay	86	5
Cancellation and not rebooked	6	0.4
No test booked	35	2
None	1597	93
	n	%
No clear decision	59	3.4
Decision not acted upon	44	2.6
Inappropriate decision	61	3.5
None	1560	90.5

Patient

Booking

Decisions

This is only the beginning – so what next?

- The audit should become "business as usual"
 - Integrated into the current quality assurance infrastructure
 - Uploads x3/year capturing all PCCRCs
- Non-compliant services should be held to account
 - Inform the regulator of non-compliant sites
- Create healthy competition
 - Agree measures to monitor and compare regional performance

Measures to monitor and compare performance

- General
 - Compliance with the audit
 - Review of reasons for rejections
 - Frequency of poor coding
- Quality of the procedure
 - Adequate photo-documentation
 - Decision-making (and documentation) of incomplete or inadequate procedures
- Surveillance
 - Compliance with guidelines
 - Identification of very high-risk groups
 - Colonoscopy after cancer resection
- Administrative processes
 - Waits beyond tolerances
- Therapy
 - Rates of "avoidable" WEO category C&D
 - Compliance with pathways for advanced therapy
 - Recurrence rates

Seven regions of NHS England

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Acknowledgements

This work uses data provided by patients and collected by the NHS as part of their care and support

Special thanks to

- 122 site audit leads
- Their support teams
- **Cancer Alliances**
- National BCSP team

Public Health

Bowel Cancer UK

Project Team

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- Nick Burr ٠ Eva Morris
- David Beaton ٠
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- Natasha Wood ٠
- **Iosif Bentaris** ٠
- Matt Rutter ٠
- Tameera Rahman ٠
- Kim Whittlestone ٠
- **Brian Shand** ٠
- Nathaniel Rashbass ٠
- Jem Rashbass ٠

Nuffield Department of POPULATION HEALTH







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